



MOUNT CARMEL SCHOOLS

Syllabus for the First Term- April to September (Session 2026 - 2027) Grade-I

ENGLISH

(Periodic Assessment 1 (2 U.Ts. 20+20 marks; 2 N.S. 10+10 marks; 2 S.E.A. 10+10 marks; 2 M.A. 10+10 marks)

English Matters: UT-1 L-1 A Family Matters L-2 Is there a Baby?,

UT-2 L-1 Work is Fun!, L-2 Sports Day

POEMS: UT-1 My Happy Place, One Thing at a Time.

ENGLISH GRAMMAR (GEM'S ENGLISH GRAMMAR)

Term 1 : Ch-1-The Alphabet ,Ch-2-Sentences, Ch-3-Nouns, Ch-4-Pronouns, Ch-5-Verbs, Vocabulary 1,Punctuation 1

Communicative English

Term 1: (Unit 1) Ch-1- The Little Bird, Ch-2-How We Move.

(Unit-2) Ch -3-We Love you, Teacher! ,Ch-5-Aman Is a Lion.

PHONETIC SOUNDS: er /ay/ th/sh / ck/ ch / tch /ing/ain / ane / ine /one/ aw /ow/ou/oo

7 kinds of „e“: (e / ee / ea / y / ey / ie / ei)-ate/ ite / ake / ture / tion / ph /silent “gh”)

*** S.E.A.1 & 2 -10+10 marks**

Activity 1: Scrap Book / Project

---Affix pictures of Common & Proper Nouns (5 each with the name) in your scrap book.

--- Make sentences with Nouns and Pronouns in them. For eg. - I stopped the bus and got into it.

Activity 2: Role Play on Community Helpers (ART INTEGRATED ACTIVITY)

M.A. 1- 10 marks each

Introduction, Poem Recitation, Students will be assessed on the basis of spoken English.

Reading Skill :

Term 1: (Unit 1) Ch-1- The Little Bird, Ch-2-How We Move.

(Unit-2) Ch -3-We Love you, Teacher! ,Ch-5-Aman Is a Lion.

Writing Skills: Students will form/rewrite small sentences with correct punctuation.

M.A. 2- 10 marks each

Speaking Skills: Speak few sentences on your favourite toy/animal/family member using Adjectives and Pronouns.

Reading Skills: Fluency in reading will be assessed from both ENGLISH EXPERT and THREE MEN IN A BOAT

Writing Skills: Picture Description.

Notebook Assessment – 20 marks - Timely Submission handwriting & Neatness of the Notebook.

Marks will be deducted for untidiness & late submission.

Note: Qs. May be asked from anywhere in the lesson, not only the ones in the note book.

MATHS

(Periodic Assessment 1 (2 U.Ts. 20+20 marks; 2 N.S. 10+10 marks; 2 S.E.A. 10+10 marks; 2 M.A. 10+10 marks)

MATH GENIUS:

L-1 Spatial Understanding, L-2 Numbers up to 20, L-3 Addition up to 20, L-4 Subtraction up to 20, L-5 Numbers 21

to 50, L-6 Numbers up to 100, L-8 Shapes and Patterns, L-11 Time

Tables of 2,3,4,5 and 10; Number Names 1 to 50, Numbers 1 to 200.

Multiple Assessment 1 (10 marks) : Mental Ability

- Dodging Tables 2, 3, 5
- Fun with Numbers 1-100
- Single Digit Addition and Subtraction
- Number Names 1 to 20

Multiple Assessment 2 (10 marks) : Mental Ability

- Dodging Tables 2,3,4,5 and 10
- 2D Shapes and Patterns
- Fun with Numbers 1-200
- Adding Numbers
- Number Names 1 to 50
- Days of the week and Months of the Year

S.E.A.- 1 & 2; 10+10 marks

Scrap book/ Project

- Flower Petal Addition
- Create Animals (any 2) using 2D Shapes

***Class Activity:**

- Warli Painting with basic geometrical shapes (ART INTEGRATED ACTIVITY)
- Drawing animal figures using numbers 1 to 10

***Notebook Submission** – 20 marks- Timely submission and neatness of the notebook.

Marks will be deducted for untidiness and late submission

NOTE: Questions may be asked from anywhere in the lesson, not only from the ones in the notebooks.

HINDI

सामयिक मूल्यांकन २ (२ इकाई परीक्षण* २० + २० अंक; २ नोटबुक मूल्यांकन * १० + १० अंक; २ विषय सम्बन्धित गतिविधि* १० + १० अंक; २ एकाधिक मूल्यांकन* १० + १० अंक)

पुस्तक- वीणा हिंदी पाठमाला (भाग -१)

प्रथम सत्र

पाठ - ३* अ और आ ा की मात्रा

पाठ- ४* इ ि व ई ि की मात्राएँ

पाठ- ५* उ ु व ऊ ू की मात्राएँ

पाठ- ६* ऋ की मात्रा ृ

पाठ- ७* ए े व ऐ ै की मात्राएँ

पाठ- ८* ओ ो व औ ौ की मात्राएँ

व्याकरण –

१. गिनती १ से १०

२. रंगों के नाम

३. फलों व सब्जियों के नाम

४. पालतू व जंगली जानवर के नाम

५. पक्षियों के नाम

६. नाम वाले शब्द

७. लड़का- लड़की

८. एक- अनेक

कविता – पीली मछली

मैना आई

मौसी आई

मौसा आए

विषय सम्बन्धित गतिविधि (१०+१० अंक)

१- आ, इ, ई व उ की मात्रा के शब्द हिंदी मैगज़ीन में ढूंढे तथा इन मात्राओं के पाँच-पाँच शब्द काट कर अपनी स्ट्रैप बुक में चिपकायें।

२- फ्लैशकार्ड पर तीन फलों और तीन सब्जियों पर पहेली लिखें।

गुणात्मक मूल्यांकन १-(१०+१०+१० अंक)

गुणात्मक मूल्यांकन २- (१०+१०+१० अंक)

१- वाचन कौशल - कविता वाचन

२- पठन कौशल – दिए गए पाठ का पठन

३- लेखन कौशल – दिए गए विषय पर कुछ पंक्तियाँ लिखना।

नोटबुक मूल्यांकन- (१० + १० अंक) समय पर प्रस्तुत करना और नोटबुक में साफ-सुथरा काम। अस्वच्छता और देर से जमा करने पर अंक काटे जाएंगे।

EVS

(Periodic Assessment 1 (2 U.Ts. 20+20 marks; 2 N.S. 10+10 marks; 2 S.E.A. 10+10 marks; 2 M.A. 10+10 marks)

THE WORLD AROUND US:

1.About Me and My Body

2.Clothes We Wear

3.My School

4.Good We Eat

5.My Family

6.We Need Shelter

S.E.A.1 -10 marks Art Integrated Activity: Paste pictures of traditional costumes of different states.

S.E.A.2 -10 marks Activity: Speak a few lines on Healthy and Junk food.

M.A.1- 10 marks: Quiz

M.A.2 -10 marks: Paste pictures of Community Helpers in your area.

***Notebook Submission** – 20 marks- Timely submission and neatness of the notebook.

Marks will be deducted for untidiness and late submission

NOTE: Questions may be asked from anywhere in the lesson, not only from the ones in the notebooks.

I.T.

CLICK TO ENTER (Part-1): L-1 Computer- A Smart Machine, L-2 Uses of a Computer, L-3 Parts of a Computer and (L-4) Using Computers- Dos and Don'ts.

GENERAL KNOWLEDGE:

Get to Know (General Knowledge with Reasoning and Life Skills)

Unit 1 : The World Around Us

1. Join the dots

2. My family

3. People who help us

4. The clothes we wear

Unit 2 : Natural Habitat

5. Land and Sea

6. Green treasures

7. Bird sounds

8. Fruits

9. Vegetables we eat

10. Jungle Safari

11. Young ones

Unit 3 : India – Our Pride

12. My country – India

13. Some Great Indians

14. Symbols and Monuments

15. Our Festiva

Activity- Quiz

MORAL SCIENCE

L-1 My Loving Family and I

L-2 Helping Others

L-3 Sharing and Kindness

L-4 Be Thankful to God

PHYSICAL EDUCATION

1. **PEC India:** Card - 4 Running & Jumping, Card - 6 Bean Bag Relay, Card-8 Ball Handling, Card-10 Dribbling a Ball, Card-15 Responding to Commands & Signals, Card-12 Throwing & Catching, Card-17 Kicking a Ball, Card- 19 Skipping, Card -20 Treasure Hunt Game- Making an 8.

Number Games (Maths)- Number Line, Tables, Skip Counting etc.

Fit India – BMI (Body Mass Index), Aim & Target, Skipping.

ELOCUTION:

Revised Tune In!

Develop your listening and speaking skills.

Chapter-1 When We Meet We Greet.

Chapter-2 Hello!My name is Raman.

***S.E.A.1 – 10 mark Activity:**_An Introduction -Myself

Activity:_Students will listen to the Digital Content included in the text book and will be assessed on their ability to understand it.

Chapter-3 This Is My Home.

Chapter-4This Is My Friend.

Chapter-5 This Is My Classroom.

Chapter-6 I Have A Pet.

***S.E.A.2 – 10 marks Activity:** Students will listen to the Digital Content included in the text book and will be assessed on their ability to understand it.

Activity: Songs and Poems:

- Up and Down Round and Round We Go
- Hand on my hips, what do you hear

Listening and Speaking Skills.

***Assessment will be done orally.**

Note: Questions may be asked in any form from anywhere in the lessons.

ART & CRAFT

Pages - 3 to 24 (Junior Artist)

DANCE:

April: 1. Warm Up 2. Basic Movements and Dance Steps

May: That That Dance

July: Choona Hai Mujhe Aasmaan.

August: Teacher's Day Dance

September: Every move I Make.

MUSIC

April National Anthem

May This Is The Day

July Making Melodies

August Nanha Muna Rahi Hoon

September Father Abraham

Periodic Assessment Schedule, Term-1

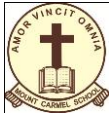
Session 2026-27

PERIODIC ASSESSMENT- I

DATE	CLASS/ES				
	I & II	III	IV	V	VI & VII
07-05-2026	-----	-----	-----	E.V.S	Hindi
11-05-2026	-----	-----	-----	Hindi	Maths
14-05-2026	-----	-----	-----	Punjabi/ German	Science
18-05-2026	-----	-----	-----	Maths	Social Science
21-05-2026	-----	-----	-----	English	Punjabi/ German
06-07-2026	-----	-----	-----	-----	I.T.
09-07-2026	E.V.S.	English	Maths	-----	English
13-07-2026	English	E.V.S	Hindi	-----	-----
16-07-2026	-----	-----	Punjabi/ German	-----	-----
20-07-2026	Hindi	Maths	E.V.S	-----	-----
23-07-2026	Maths	Hindi	English	-----	-----

PERIODIC ASSESSMENT- II

DATE	CLASS/ES				
	I & II	III	IV	V	VI & VII
20-07-2026	-----	-----	-----	E.V.S	Hindi
23-07-2026	-----	-----	-----	Punjabi/ German	Punjabi/ German
27-07-2026	-----	-----	-----	English	Maths
30-07-2026	-----	-----	-----	Hindi	English
03-08-2026	-----	-----	-----	Maths	Science
06-08-2026	-----	-----	-----	-----	I.T.
10-08-2026	-----	-----	-----	-----	Social Science
03-09-2026	-----	Maths	Hindi	-----	-----
07-09-2026	English	English	Maths	-----	-----
10-09-2026	Hindi	-----	E.V.S	-----	-----
14-09-2026	E.V.S	Hindi	Punjabi/ German	-----	-----
17-09-2026	Maths	E.V.S	English	-----	-----



**Monthly Themes for the Display Boards- Foundational Wing
(Grades Nursery to II)
(Session 2026-27)**

Month	Theme
April	Mother Earth Theme: ‘Caring for Nature and Our Surroundings’.
May	My Helpers Theme: “Knowing the Helpers who keep us Safe and Happy”.
July	Monsoon Magic Theme: “Enjoying rains and learning about water and safety”.
August	My Country – India Theme: “Loving Our Country and Learning about its Symbols”.
September	All About Me Theme: “Learning about Myself and My Family”.
October	Festivals & Safety Theme: “Celebrating Festivals and learning Safety Rules”.
November	Food & Gratitude Theme: “Eating Healthy and being Thankful”.
December	Joy & Celebrations Theme: “Sharing Happiness through Celebration”.
January, 2027	Winter Season Theme: “Learning about Winter Clothes, Food, and Habits”.
February, 2027	Love, Care & Kindness Theme: "Sharing ,Caring & being Kind"
March, 2027	Books & Reading Fun Theme: "Enjoying Stories, Rhymes, and Books”.

Note:

1. Besides the Unit Test the teachers may conduct Class Tests (oral or written) with prior intimation to the parents.
2. Each Unit Test will be of **20** marks and other activities will carry **10** marks. There is no examination for the students up to Grade IV. The results of these Grades will be based on the performance of students in the Unit Test and Activities conducted during both the terms of the academic session. Students will be awarded marks & grades in all the subjects.
3. In case the scheduled date of any test happens to be a holiday, the test will be conducted on the next working day.
4. No retest will be conducted for any student who misses a Unit Test, whatever the reason may be.
5. Only one Scrap Book should be used for all the subjects & submitted as per the teacher’s instructions.
6. In case a student misses any class it is the parents responsibility to get the work completed.
7. The portion for the Unit Test will be given by the respective teacher well in time before the test.