



MOUNT CARMEL SCHOOL, CHANDIGARH
Syllabus (Monthly Basis) Session 2026-27
Humanities XII (Term-1)

ENGLISH: (301)

- April** Flamingo -F-1-The last Lesson
F-2 – Lost Spring
P-1-My Mother at Sixty Six
Writing- Notice
- May** Flamingo - F-3 – Deep Water
Vistas - Ch.-1- The Third Level
Writing - Letter to The Editor
- July** Flamingo- F-4 The Rattrap
F-5 - Indigo
P-2-Keeping Quiet
Vistas- Ch-2 The Tiger King
Writing- Article
- August** Flamingo- F-6- Poets and Pancakes
P-3 - A Thing of Beauty
Vistas - Ch.-3- Journey to the End of the Earth
Ch.-4- The Enemy
Writing - Invitations- Formal and Informal with their replies
- September** Flamingo - P-4 - A Roadside Stand
Vistas - Ch.-4 - The Enemy (completion)
Writing - Job Application with Resume, Report Writing
Revision for the Terminal Examination
Revision and Examination

UNIT TEST 20 MARKS

Reading	7 Marks
Writing	4 Marks
Literature	9 Marks

INTERNAL ASSESSMENT

- Assessment of Listening Skills - 05 Marks
Assessment of Speaking Skills – 05 Marks
Project Work 10 Marks

SECTION A READING SKILLS (22 Marks)

Reading Comprehension through Unseen Passage

- I. One Unseen Passage to assess comprehension, interpretation and inference. Vocabulary and inference of meaning will also be assessed. The passage may be factual, descriptive or literary. (12x1=12 Marks)
- II. One Unseen **Case-based** passage with verbal/visual inputs like statistical data, charts etc. (10x1=10 Marks)

Note: The combined word limit for both the passages will be 700-750 words. Multiple Choice Questions / Objective Type Questions will be asked.

SECTION – B (18 Marks)

Creative Writing Skills.

The section has Short and Long writing tasks.

- III. Notice up to 50 words. One out of the two given questions to be answered. (4 Marks).
- IV. Formal/Informal Invitation and Reply up to 50 words. One out of the two given questions to be answered. (4 Marks).
- V. Letters based on verbal/visual input, to be answered in approximately 120-150 words. Letter types include application for a job with bio data or resume. Letters to the Editor (giving suggestions or opinion on issues of public interest). One out of the two given questions to be answered. (5 Marks).
- VI. Article/ Report Writing, descriptive and analytical in nature, based on verbal inputs, to be answered in 120-150 words. One out of the two given questions to be answered. (5 Marks)

SECTION C (40 Marks)

This section will have variety of assessment items including Multiple Choice Questions, Objective Type Questions, Short Answer Type Questions and Long Answer Type Questions to assess comprehension, analysis, interpretation and extrapolation beyond the text.

Reference to the Context

- VII. One Poetry extract out of two from the book **Flamingo** to assess comprehension, interpretation, analysis and appreciation. (6x1=6 Marks)
- VIII. One Prose extract out of two from the book **Vistas** to assess comprehension, interpretation, analysis and appreciation. (4x1=4 Marks)
- IX. One prose extract out of two from the book **Flamingo** to assess comprehension, interpretation and analysis. (6x1=6 Marks)
- X. Short Answer Type Question (from **Prose and Poetry from the book Flamingo**), to be answered in 40-50 words. Questions should elicit inferential responses through critical thinking. Five questions out of the six given are to be answered. (5x2=10 Marks)
- XI. Short Answer Type Question, from **Prose (Vistas)**, to be answered in 40- 50 words. Questions should elicit inferential responses through critical thinking. Any two out of three questions to be done. (2x2=4 Marks)
- XII. One Long Answer Type Question, from **Prose/Poetry (Flamingo)**, to be answered in 120-150 words. Questions can be based on incident / theme / passage / extract / event as reference points to assess extrapolation beyond and across the text. The question will elicit analytical and evaluative response from student. Any 1 out of 2 questions to be done. (1x5=5 Marks)
- XIII. One Long Answer Type Question, based on the Chapters from the book, '**Vistas**', to be answered in 120-150 words to assess global comprehension and extrapolation beyond the text. Questions to provide evaluative and analytical responses using incidents, events, themes as reference points. Any one out of two questions to be done. (1x5=5 Marks)

Note: * Subject to changes as per CBSE instructions.

GEOGRAPHY : (029) Book – Fundamental & Human Geography

THEORY 70 marks

Practical 30 marks

April

Book 1 Fundamental of Human Geography

Chapter 1 Human Geography

Chapter 2 The World Population Density, Distribution and Growth

Chapter 3 Human Development

Chapter 4 Primary Activities

May

Book 2 India People and Economy

Chapter 1 Population Distribution ,Density ,Growth and Composition

Chapter 2 Human Settlement

Chapter 4 Water Resource

Chapter 3 Land Resource and Agriculture

July

Book 1 Fundamental of Human Geography

Chapter 4 Primary Activities

Chapter 5 Secondary Activities

Chapter 6 Tertiary Activities

Chapter 7 Transport ,Communication and Trade

August

Geography Practical

Chapter 1 Data its sources and Compilation

Chapter 2 Data Processing

Chapter 3 Graphical Representation of Data

Chapter 4 Spatial Information and Technolog

Unit Test Marks Distribution (MM20)

Section A- Question nos.1 to 3 Multiple Choice Question (1 mark Each)

Section B – Question nos. 4 to 5 Very Short Answer Type Question (2 marks)

Section C- Question nos. 6 and 7 Short Answer Type Question (3 marks)

Section D- Question nos. 8 Long Answer Type Question (5 marks)

Section E – Question no. 9 Map Work (2 marks)

Assesment of Project Work (30 marks)

The Student is required to make a Geography Practical File

September –Terminal Examination

Annual Marking Scheme and Question Paper Format

Section A- Question nos. 1 to 17 are Multiple Choice Questions (MCQs) carrying 1 mark each.

Section B- Question nos. 18 to 19 are Source Based Answer Type Questions carrying 3 marks each.

Section C- Question nos. 20 to 23 are Short Answer Type Questions carrying 3 marks each. Answer to each of them should be in 80-100 words.

Section D- Questions nos. 24 to 28 are Long Answer Type Questions carrying 5 marks each. Answer to each should be in 120-150 words.

Section E- Question nos. 29 to 30 are Map Based Questions carrying 5 marks each.

POLITICAL SCIENCE: (028)

Theory – 80 Marks

Practical- 20 Marks

PART A – Contemporary World Politics (40 MARKS)

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April Ch-1 The End of Bipolarity
Ch-2 Contemporary Centres of Power

May Ch- 3 Contemporary South Asia

July Ch-4 International Organizations
Ch-5 Security in the Contemporary World

August Ch-6 Environment and Natural Resources

September Revision and Terminal Examination

PART B – Politics in India Since Independence (40 MARKS)

March & April Ch-1 Challenges of Nation –Building, Ch-2 Era of One Party Dominance
Ch-3 Politics of Planned Development

May Ch-4 India's External Relations

July Ch-5 Challenges to and Restoration of the Congress System
Ch-6 Crises of Democratic Order

August Ch-7 Regional Aspirations

September Revision and Terminal examination

Project Work – 20 Marks

(10 Marks viva voce + 10 Marks Project Work)

Unit Test – 20 Marks

UNIT TEST 20 MARKS

One Mark Questions	1x4=4 Marks
Two Marks Questions	2x4=8 Marks
Three Marks Questions	3x2=6 Marks
Map Question	2 Marks

Format of Question Paper for Terminal Examination

Question nos. 1-12 Objective Type (1x12=12)

Question nos. 13-18 Short Answer Type (2x6=12)

Question nos. 19-23 Long Answer Type (4x5=20)

Question nos. 24- 26 Passage based , Picture based, Map question (4x3=12)

Question nos. 27-30 Very Long Answer Type Questions (6x4=24)

*This syllabus is subject to changes as per the C.B.S.E instructions and guidelines.

PSYCHOLOGY: (037)

Theory -70 marks

Practical -30 marks

April: Chapter 1 Variations in psychological attributes (Theories, Creativity , EI, creativity)

Chapter 2 Self and Personality

May Chapter 3 Meeting Life Challenges

July Practical: * Emotional Intelligence

* Anxiety

* Self Concept

August & September- Revision & Terminal Examination

UNIT TEST 20 MARKS

One Mark Questions	1x5=5 Marks
Two Marks Questions	2x5=10 Marks
Five Marks Questions	5x1=5 Marks

Practical (30 marks):

A. Test administration:

Students are required to administer and interpret three psychological tests related to various psychological attributes like intelligence, aptitude, attitude, personality, etc.

B. In Practical examination, the student will be required to administer and interpret two psychological tests.

Distribution of Marks:

- Practical File: 10 Marks
- Viva Voce (Practical): 05 Marks
- Two practicals: 15 Marks*

*(5 Marks for conduct of practical and 10 Marks for report writing)

Unit Test – 20 Marks

Format of Question Paper for Unit Test (Class-XII) : 20 Marks

There are 12 questions in the question paper.

(i) **Section A:** 5 Questions Very Short Answer Type Questions (carrying 1 mark each)

(ii) **Section B:** 5 Questions Short Answer Type Question (carrying 2 marks each)

(iii) **Section C:** 1 Question Long Answer Type with a choice (carrying 5 marks)

Format of Question Paper for Terminal Examination (Class-XII) : 70 Marks

SECTION A : Question Nos.1-14 in Section A carry 1 mark each. You are expected to answer them as directed.

SECTION B : Question Nos. 15-19 in Section B are Very Short Answer Type-I Questions carrying 2 marks each. The answer to each question should not exceed 30 words.

SECTION C : Question Nos. 20-23 in Section C are Short Answer Type-II Questions carrying 3 marks each. The answer to each question should not exceed 60 words.

SECTION D : Question Nos. 24 - 27 in Section D are Long Answer Type-I Questions carrying 4 marks each. The answer to each question should not exceed 120 words.

SECTION E : Question Nos. 28-29 in Section E are Long Answer Type-II Questions carrying 6 marks each. The answer to each question should not exceed 200 words.

SECTION F : Question Nos.30–33 in Section F are based on two cases given. The answer to each one-mark question should not exceed 20 words. The answer to each two-mark question should not exceed 30 words.

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HISTORY : (027)

Theory – 80 marks

Practical- 20 marks

April- Theme 1- Bricks, Beads and Bones

Theme 2- Kings, Farmers and Towns

May- Theme 3- Kinship, Caste and Class

Theme 4- Thinkers, Beliefs and Buildings

July- Theme 5- Through the Eyes of Travellers

Theme 6- Bhakti- Sufi Traditions

August- Theme 7- An Imperial Capital- Vijayanagar

Theme 8- Peasants, Zamindars and the State

Unit Test Marks Distribution (M.M: 20)-

- Section A- 1 to 5 Multiple Choice Questions (1 mark each)
- Section B- 6 to 7 Short Answer Type Questions (2 marks each)
- Section C- 8 to 10 Long Answer Type Questions (3 marks each)
- Section D- Question no. 11 Map Based Questions (2 marks)

Assessment of Project Work: 20 marks

- Project Work has broadly the following phases – Synopsis/Initiation, Data Collection, Data Analysis and Interpretation, Conclusion.
- The aspects of the project work to be covered by students can be assessed during the two terms.

September - Terminal Examination**Annual Marking Scheme & Question paper format**

- The Question paper contains 34 Questions.
- Divided into five sections- A, B, C, D & E.
- Section A- 1 to 21 Multiple Choice Questions (1 mark each)
- Section B- 22 to 27 Short Type Questions (3 marks each)
- Section C- 28 to 30 Long Answer Type Questions (8 marks each)
- Section D- 31 to 33 Source Based Questions (4 marks each)
- Section E- 34 {(i.) & (ii.)}- Map Based Questions (3+2=5 marks)

Note: This syllabus is subject to change as per the CBSE instructions and guidelines.

MATHS: (041)

Theory – 80 marks

Practical- 20 marks

MONTH	CHAPTER	TOPIC
April	3.	Matrices
	4.	Determinants
	2.	Inverse Trigonometric Functions
May	5.	Continuity and Differentiability
	6.	Applications of Derivatives
	1.	Relations & Functions
July	7.	Integrals
	8.	Applications of Integrals
August	12.	Linear Programming
September		Revision For Term I Exams.

Mathematical Activities –

- (a) Lab Manual : 10Activities
- (b) Assessment of the activities
- (c) Viva- voce

Maths - Format and Marks Distribution:

Unit Test:	20 marks
Final Exam :	80 marks

INTERNAL ASSESSMENT	20 MARKS
Periodic Tests (Best 2 out of 3 tests conducted)	10 Marks
Mathematics Activities	10 Marks

Marking Scheme of Terminal Examination (80 Marks)

Section	Type	No. of Questions	Marks Per Question	Total Marks
A	Multiple Choice Questions & Assertion-Reasoning	20	20	20
B	Very Short Answer Type	5	2	10
C	Short Answer Type	6	3	18
D	Long Answer Type	4	5	20
E	Case Study	3	4	12

APPLIED MATHS (241)

Theory – 80 marks

Practical- 20 marks

Month	CHAPTER	TOPIC
April	2	Algebra
May	1	Numbers, Quantification and Numerical Applications.
July	3	Calculus
	4	Probability Distributions
August	5	Index Numbers and Time based data
September		Revision for September Examination

Maths Practical

Internal Assessment	10 marks
Periodic Marks	5 marks
Activity File Record + Term end Assessment of one activity	5 marks

Marking Scheme of Terminal Examination

Section	Marks Per Question	Type	No of Questions	Total
A	1	Multiple Choice Questions	20	20
B	2	Very Short Answer Type	5	10
C	3	Short Answer Type	6	18
D	5	Long Answer Type	4	20
E	4	Case Study	3	12

HOME SCIENCE: (064)

Theory: 70 Marks

Practical: 30 Marks

ANNUAL MARKING SCHEME (UNIT-WISE)

April: UNIT I: Work, livelihood, and Career:

Ch. Work, Livelihood and Career

UNIT II: Nutrition, Food Science and Technology:

Ch. Clinical Nutrition and Dietetics
 Ch. Public Nutrition and Health
 Ch. Food Processing and Technology

May Ch. Food Quality and Food Safety

UNIT III: Human Development and Family Studies:

Ch. Early Childhood Care and Education

Ch. Management of Support Services, Institutions & Programmes for Children, Youth & Elderly

UNIT IV: Fabric and Apparel:

Ch. Design for Fabric and Apparel

July Ch. Fashion Design and Merchandising

Ch. Care and Maintenance of Fabrics in Institutions

August Revision

September- Revision & Terminal Examination

Art Integrated Activity- Make a poster of tie and dye techniques/block printing styles.

Unit Test- Marks Distribution (MM: 20)

One-Mark Questions- $1 \times 5 = 5$

Two-Mark Questions- $2 \times 5 = 10$

Five Marks Question- $5 \times 1 = 5$

Practical Syllabus

April- 1. Modification of a normal diet to a soft diet for an elderly person.

2. Development and preparation of supplementary foods for a nutrition programme.

3. Planning a menu for a school canteen or mid-day meal in school for a week.

4. Design, prepare and evaluate a processed food product.

May- 5. Qualitative test for food adulteration in pure ghee, tea leaves, whole black pepper, turmeric powder, milk, asafoetida

6. Preparation and use of anyone teaching aid to communicate socially relevant messages for children/ adolescents /adults in the community.

OR

Preparation of any one toy for children (age appropriate) using locally available and indigenous material

July- 7. Preparation of any one article using applied textile design techniques; tie and dye/batik/block printing.

8. Remove different types of stains from white cotton cloth –Ball pen, curry, grease, ink, lipstick, tea and coffee.

INFORMATICS PRACTICES (065)

Marks Distribution :-

Theory : 70 Marks

Practical : 30 Marks

Total Marks :- 100 Marks

April Unit 4 – Lesson 6 Societal Impacts

Unit 1-- Lesson-1 Data handling using Pandas

May Lesson-1 Data Handling using Pandas

June Summer Vacations

July Lesson -2 Data Visualization using Matplotlib

August Practicals and Revision of Term-I Syllabus

September Terminal Examination

Practical Marks Distribution

S.No.	Unit Name	Marks
1.	Programs using Pandas	8
2.	Programs using Pandas and Matplotlib	7
3.	Practical file (Minimum of 15 programs based on Pandas, 4 based on Matplotlib)	5
4.	Project Work (Using Concepts learned in class XI and XII) It can be done individual	5
5.	Viva-Voce	5
	Total	30

Terminal Examination

Lessons 1, 2, 6
Theory Paper - 70 Marks
Practical Paper - 30 Marks

Marks Distribution – Theory Paper (70 Marks)

Q1 to Q21 (Multiple Choice Questions) ---	1x21 = 21 Marks
Q22 to Q28 (Short Answer Questions) ---	2x 7 = 14 Marks
Q29 to Q32(Short Answer Questions) ---	3x4 = 12 Marks
Q33 and Q34 (Case Study) ---	4x2 = 8 Marks
Q35 to Q37 (Long Answer Questions) ---	5x3 = 15 Marks
Total ---	70 Marks

PHYSICAL EDUCATION : (048)

Theory – 70 marks **Practical- 30 marks**

April- Unit 1: Management of Sporting Events

May- Unit 2: Children & Women in Sports
Unit 3: YOGA as Preventive measures for Lifestyle Disease

July- Unit 4: Physical Education and Sports for Children with Special Needs
Unit 5: Sports & Nutrition

August - Unit 6: Test and Measurement in Sports.

September - Revision & Terminal Examination

Marking Scheme

General Instructions:

1. The question paper consists of 5 sections and 37 questions.
2. Section A consists of question 1-18 carrying 1 mark each and is Multiple Choice Questions. All questions are compulsory.
3. Sections B consist of questions 19-24 carrying 2 marks each and are Very Short Answer Types and should not exceed 60-90 words. Attempt any 5.

4. Sections C consists of Questions 25-30 carrying 3 marks each and are Short Answer Types and should not exceed 100-150 words. Attempt any 5.
 5. Sections D consists of Questions 31-33 carrying 4 marks each and are case studies. There is internal choice available.
 6. Section E consists of Question 34-37 carrying 5 marks each and are Short Answer Types and should not exceed 200-300 words. Attempt any 3.
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PAINTING: (049)

Theory – 30 marks Practical- 70 marks

April: THE RAJASTHANI SCHOOL

- Unit-1 a) Origin and Development
 b) Sub-Schools-Mewar,Bundi,Jodhpur, Bikaner,Kishangarh and Jaipur.
 c) Main features of the Rajasthani School
 d) Appreciation of the following Rajasthani paintings:
 *Maru-Ragini *Chaugan Players. *Krishna on swing

May: Unit-1:a)Appreciation of the following Rajasthani paintings:

*Radha(Bani-Thani). *Bharat Meets Rama at Chitrakuta

THE PAHARI SCHOOL

- a)Origin and development
 b)Sub-Schools-Basohli,Guler,Kangra,Chamba and Garhwal c)Main features of the Pahari School

July: **Unit-1 & 2:** a)Appreciation of the following Pahari Paintings:

*Krishna with Gopis Nand,Yashoda *Krishna with Kinsmen Going to Vrindavana

THE MUGHAL SCHOOL

- a)Origin and development
 b)Main features of the Mughal School

August: Unit-2: Appreciation of the following Mughal Paintings:

*Krishna Lifting Mount Govardhana. *Falcon on a Bird-Rest *Kabir and Raidas.
 *Marriage Procession of Dara Shukoh

THE DECCAN SCHOOL

- a)Origin and development
 b)Main features of the Deccan School
 c)Appreciation of the following Deccan paintings:
 *Hazrat Nizamuddin Auliya and Amir Khusro
 *Chand Bibi Playing Polo(Chaugan)

September: September- Revision & Terminal Examination

PRACTICAL WORK:-

Nature and Object study

Studies on the basis of exercises done in class XI with two or three objects and two draperies (in different colours) for background and foreground. Exercises in pencil with light and shade and in full colour from a fixed point of view.

PORTFOLIO ASSESSMENT

- a) Record of the 1st Term performance from sketch to finished product.

- b) Four selected nature and object study exercises in any media done during the 1st Term.
 c) One selected work based on any Indian Folk Art (Painting)

ARTIFICIAL INTELLIGENCE (848)

Marks Distribution:-

Theory : 50 Marks
 Practical : 50 Marks
 Total Marks :- 100 Marks

April Part B:- Unit 1- Python Programming -II (To be evaluated in Practical only)
Part A:- Unit 1: Communication Skills-IV

May Part B:- Unit 2- Data Science Methodology: An Analytic Approach to Capstone Project
 Unit 3- Making Machines See
Part A:- Unit 2: Self-management Skills-IV

July Part B:- Unit 4: AI with Orange Data Mining Tool (To be evaluated in Practical only)
 Unit 5: Introduction to Big Data and Data Analytics

August:-

Part A:- Unit 3: Information and Communication Technology Skills-IV

September:- Revision and Terminal Examination

Practical Marks Distribution

S.No.	Unit Name	Marks
1.	<ul style="list-style-type: none"> • Capstone Project + Project Documentation ○ Capstone Project =15 Marks ○ Project Documentation = 6 Marks ○ Video= 4 Marks 	25
	Practical File	10
	Lab Test (Python and Orange Data Mining)	10
	Viva Voce (based on Capstone Project + Practical File)	5
	Total	50

Distribution of Marks for written Examination: Theory Paper – (50 marks) :

Section- A Objective type question- 24 Marks

Q 1 to Q 5- Short Answer type Questions. Each question has 5 sub parts in which internal choice is given.

Section- B Subjective type questions- 26 Marks

- | | |
|---|-----------------|
| 1. Short Answer Type Questions (Part A) : | 2x3=6 marks |
| 2. Short Answer Type Questions | 2x4=8 marks |
| 3. Long Answer Type Questions | 4x3=12 marks |
| Total Section A+B= | 50 Marks |

ECONOMICS : (030)

Theory – 80 marks

Practical- 20 marks

April- PART-A	Chapter-5 Money Chapter-6 Banking
PART-B	Chapter-1 Indian Economy on the Eve of independence Chapter-2 Indian Economy till 1990
May PART –A	Chapter -7 Aggregate Demand ,Aggregate Supply and Related Concept Chapter-8 Short Run Equilibrium Output
PART-B	Chapter -3 New Economic Policy(NEP-1991) Chapter -4 Human Capital Formation
July PART-A	Chapter-9 Problem of Deficient Demand and Excess Demand Chapter -10 Government Budget and the Economy Chapter -1 Introduction Chapter -2 Some Basic concept of Macroeconomics
August. PART-B	Chapter -5 Rural Development Chapter-6 Employment Chapter -7 Environment and Sustainable Development Project Work and Revision.
September	Revision & Terminal Examination

MARKS DISTRIBUTION**Unit test -20 Marks**

S.No.	Type of Questions	No. of Questions	Marks for each question	Total Marks
1	Very Short Answer	4	1	4
2	Short Answer- Type I	2	3	6
3	Short Answer- Type II	1	4	4
4	Long Answer Types	1	6	6
			TOTAL	20

Examination:80 Marks (Theory)

S.No.	Type of Questions	No. of Questions	Marks for each question	Total Marks
1	Very Short Answer	20	1	20
2	Short Answer- Type I	4	3	12
3	Short Answer- Type II	6	4	24
4	Long Answer Types	4	6	24
	TOTAL	34	-	80

Practical : 20 marks

S.No.	HEADING	MARKS ALLOTTED
1.	Relevance of the topic	3
2.	Knowledge Content	6
3.	Presentation Techniques	3
4.	Viva-voce	8
	Total	20

LEGAL STUDIES : (074)

Theory – 80 marks

Practical- 20 marks

April :	Unit 1 Judiciary Chapter 1 Judiciary
	Unit 2 Alternative Dispute Resolution in India
May:	Unit 3 Topics in Law I(Business Law) Chaptr 3a Law of Contract Chapter3b Law of Torts Chapter 3c Law of Property Chapter3d Intellectual Property Law
July:	Unit 4 Topics in Law II (General Law) Chapter4a law and Sustainable Development Chapter4b Forms of Legal Entities Chapter 4c Criminal Laws in India
August:	Unit 5 Concept of Human Rights Chapter 5a Human Rights in India Chapter 5b Human Rights Violations –Complaint Mechanism
September	Revision & Terminal Examination

Unit Test Marks Distribution (MM20)

Section A- 1 to 3 Multiple Choice Question (1 mark Each)
Section B -4 to 6 Very Short Answer Type Question (2 marks)
Section C- 7 and 8 Short Answer Type Question (3 marks)
Section D- 9 Long Answer Type Question (5 marks)

Assesment of Project Work (20 marks)

The Student is required to do project work on ‘Understanding the Case Law’
September –Terminal Examination

Annual Marking Scheme and Question Paper Format

Section A contain 20 Multiple choice question for 20 marks.
Section B contain 8 short answer type question for 2 marks each.
Section C contain 8 question for 3 marks each.
Section D contain 4 long question answer type question for 5 marks each

FOOD, NUTRITION & DIETETICS (834)

Theory – 60 marks

Practical- 40 marks

April Part A- Employability Skills

Unit 1: Communication Skills - IV
Unit 2: Self- Management Skills - IV
Unit 3: ICT Skills-IV

May Part B- Subject-Specific Skills

Unit 1: Clinical and Therapeutic Nutrition
Unit 2: Diet in Health and Disease: cause,
physiological conditions, clinical symptoms and dietary management
Unit 3: Diet in Health and Disease II

Art Integrated Activity: Frame five slogans to promote healthy food and discourage junk food among children. (Class 1 to Class 5).

Or

Make a poster and enlist five rich sources of energy, protein, calcium, iron, vitamin A, Thiamine and vitamin C from the common foods we consume.

September- Revision & Terminal Examination

Unit Test- Marks Distribution (MM: 20)

One-Mark Questions- 1x4=4 Two-Marks Questions- 2x4=8 Five Marks Question- 4x2=8

Terminal Examination Assessment Criteria- (Theory- 60 Marks)

Question Paper consists of 56 questions in two sections – Section A & Section B.

Section A has Objective type questions whereas Section B contains Subjective type questions.

Out of the given (11 + 45 =) 56 questions, a candidate must answer (7 + 34 =) 41 questions.

SECTION A - OBJECTIVE TYPE QUESTIONS (30 MARKS): i. This section contains 38 questions. ii.

A candidate must answer 30 questions.

SECTION B – SUBJECTIVE TYPE QUESTIONS (30 MARKS):

i. This section contains 18 questions. ii. A candidate must answer 11 questions.

Part C - Practical Syllabus (40 Marks)**April-**

1. Identify food adulteration using visual and chemical methods:

a. Turmeric b. Chana dal c. Bura/sugar d. Milk e. Tea leaves f. Coriander g. Black pepper seed h. Desi ghee

2. Prepare one preserved product and prepare a suitable label for it.

3. Find out the causes for spoilage of food and enlist general ideas of storing common food at home.

4. Critically evaluate the factor-influencing selection of food, culture, family food practices, media, and peer group, availability of foods, purchasing power, individual references & health.

5. Therapeutic modification of normal diet concerning consistency, frequency, foodstuffs, nutrients and methods of cooking.

6. To identify the economic consequences of malnutrition & to learn about the strategies for improving the nutritional status of communities.

Unit Tests' Schedule (Term-I, 2026-27) | Grade XII

Date	STREAM		
	SCIENCE	COMMERCE	HUMANITIES
UNIT TEST – 1			
07-05-2026	PHYSICAL EDUCATION	PHYSICAL EDUCATION	PHYSICAL EDUCATION
11-05-2026	MATHS	MATHS	MATHS
14-05-2026	I.P.	ACCOUNTANCY	I.P. / HISTORY
18-05-2026	PHYSICS	ECONOMICS	ECONOMICS / GEOGRAPHY
21-05-2026	ARTIFICIAL INTELLIGENCE	ARTIFICIAL INTELLIGENCE	ARTIFICIAL INTELLIGENCE
06-07-2026	CHEMISTRY	BUSINESS STUDIES	POLITICAL SCIENCE / HOME SCIENCE
09-07-2026	ENGLISH	ENGLISH	ENGLISH
13-07-2026	BIOLOGY	PSYCHOLOGY	PSYCHOLOGY / FOOD NUTRITION & DIETETICS
16-07-2026	PAINTING	PAINTING	PAINTING / LEGAL STUDIES
UNIT TEST – II			
20-07-2026	PHYSICAL EDUCATION	PHYSICAL EDUCATION	PHYSICAL EDUCATION
23-07-2026	MATHS	MATHS	MATHS
27-07-2026	I.P.	ACCOUNTANCY	I.P. / HISTORY
30-07-2026	PHYSICS	ECONOMICS	ECONOMICS / GEOGRAPHY
03-08-2026	ARTIFICIAL INTELLIGENCE	ARTIFICIAL INTELLIGENCE	ARTIFICIAL INTELLIGENCE
06-08-2026	CHEMISTRY	BUSINESS STUDIES	POLITICAL SCIENCE / HOME SCIENCE
10-08-2026	ENGLISH	ENGLISH	ENGLISH
13-08-2026	BIOLOGY	PSYCHOLOGY	PSYCHOLOGY / FOOD NUTRITION & DIETETICS
17-08-2026	PAINTING	PAINTING	PAINTING / LEGAL STUDIES

Monthly Themes for the Display Boards- Senior Wing (Grades IX – XII)
(Session 2026-27)

Month	Theme
April	Save Environment
May	Discipline and Responsibility
July	Road Safety and Traffic rules
August	Unity in diversity
September	Inspirational Quotes
October	Great Indian Scientists and innovators
November	Careers of the Future
December	Christmas and The Joy of Giving
January, 2027	Inspiring stories of Young Achievers
February, 2027	Importance of Education