

"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight."  
Proverbs 3:5-6



## MOUNT CARMEL SCHOOL, CHANDIGARH

### REPORT OF ACHIEVEMENTS & ACTIVITIES FOR THE MONTH OF AUGUST 2024.



MOUNT CARMEL SCHOOL for being awarded with the CERTIFICATE OF APPRECIATION for conducting Sports & Fitness activities on the occasion of NATIONAL SPORTS DAY 2024 during 'KHELO INDIA, FIT INDIA' programme organised by Ministry of Youth Affairs and Sports.



Mount Carmel School, Chandigarh for being **RANKED NO. 1** in Chandigarh been bestowed with the award for **"EXCELLENCE IN LEARNING ASSESSMENT"** during **NORTH INDIA SCHOOL MERIT AWARDS 2024** by Education Today held at Crown Plaza, Delhi on 30<sup>th</sup> August 2024.





### Mount Carmel School, Chandigarh



### Congratulations!

**GURSEERAT KAUR** of grade IX, has brought immense pride to her institution, parents, and the Nation by clinching the **GOLD MEDAL** in the **ASIAN SCHOOL BOXING CHAMPIONSHIP 2024** under 70+ kg category at the prestigious Asian Games held at Abu Dhabi (UAE). The Founders and Directors of Mount Carmel Schools, Dr. Earnest Charles J. Samuel and Dr. Annie Charles Samuel, along with the Principal Dr. Parveena John Singh, have extended their warmest congratulations to Gurseeerat Kaur on this outstanding achievement,

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### Mount Carmel School, Chandigarh



### Congratulations!

**SHIVAM RANA & KUNWAR VINAYAK CHAND KATOCH** of Grade XII for emerging as champions by winning the **FIRST POSITION** in the **INTER-SCHOOL SCIENCE QUIZ** at **11<sup>th</sup> Edition of COALESCE**, hosted by St. John's High School, Chandigarh.

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### Mount Carmel School, Chandigarh



### Congratulations!

**JIYA BAINS** of Grade VIII for winning the **BRONZE MEDAL** in the **INTER-SCHOOL KARATE TOURNAMENT** organised by Education Department U.T. Chandigarh.

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### Mount Carmel School, Chandigarh



**Congratulations!**

**TARSH CHOUDHARY** of Grade III for winning the **BRONZE MEDAL** in the **3<sup>RD</sup> PANCHKULA DISTT. KARATE CHAMPIONSHIP 2024-25** organised by Amateure Karate Association, Panchkula

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### Mount Carmel School, Chandigarh



*Congratulations!*

**NIYATI** of Grade-X for securing the **FIRST PRIZE** in an **INTER-SCHOOL SEMI-CLASSICAL VOCAL COMPETITION** organized by New Public School, Chandigarh. Niyati's exceptional performance earned her the top spot.

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### Mount Carmel School, Chandigarh



*Congratulations!*

**DIVYANSH GUPTA** of Grade VIII for winning the **SECOND PRIZE** in **MS-Word Comic Strip Making Competition** held at St. Anee's Convent School, Chandigarh.

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## Mount Carmel School, Chandigarh



*Congratulations!*

**VRINDA GULATI** of Grade XI for winning the **FIRST POSITION** in *Live Still Life* Competition at Kundan International School, Chandigarh.

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## Mount Carmel School, Chandigarh



*Congratulations!*

**ARSHIA TALWAR** of Grade IX for winning the **THIRD PRIZE** in an English Declamation Competition '**KALEIDOSCOPE - 2024**' organised by St. Anne's Convent School, Chandigarh.

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## Mount Carmel School, Chandigarh



*Congratulations!*

**JIYA BAIN** of Grade VIII for winning the **GOLD MEDAL** in **3<sup>RD</sup> NORTH INDIA KARATE CHAMPIONSHIP 2024** organised by **WORLD SHOTOKAN KARAT ORGANISATION, PUNJAB**, held at Banga.

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### Mount Carmel School, Chandigarh



*Congratulations!*

**VIRAAJ ARORA** of Grade Nursery for winning the **YOUNGEST BOY** Trophy in the **PUNJAB STATE SCHOOL U-14 CHESS CHAMPIONSHIP** organised by District Mohali Chess Association.



### Mount Carmel School, Chandigarh



*Congratulations!*

**VEDANSHI ANAND** of Grade I & **NAMAN PANCHAL** of Grade VII for being awarded the **GOLD MEDAL & GIFT WORTH Rs.1000/-** for their creditable performance in the **INTERNATIONAL MATHEMATICS OLYMPIAD** conducted by **HUMMING BIRD**.

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### Mount Carmel School, Chandigarh



**Congratulations!**

**GARVITA SHARMA BAINS** of Grade IV for winning the **GOLD MEDAL** in **3<sup>RD</sup> WSKO NORTH INDIA KARATE CHAMPIONSHIP 2024** organised by **WORLD SHOTOKAN KARAT ORGANISATION, PUNJAB** held at **Banga**.

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## Mount Carmel School, Chandigarh



Kudos to Grade XII students who achieved outstanding success at the A.I. & Robotics workshop hosted by Chandigarh Baptist School. Our 5 member team showcased exceptional skill by designing a sensor-controlled LED circuit, demonstrating proficiency in Artificial Intelligence & Robotics and were awarded with Participation Certificates. This achievement highlights Mount Carmel School's commitment to STEM excellence.

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## Mount Carmel School, Chandigarh

**Congratulations to the Winners of the 2<sup>nd</sup> ROUND of SIP ARITHMETIC GENIUS ALL INDIA INTER-SCHOOL CONTEST**



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## Mount Carmel School, Chandigarh

**Congratulations to the Winners of the 2<sup>nd</sup> ROUND of SIP ARITHMETIC GENIUS ALL INDIA INTER-SCHOOL CONTEST and Qualified for the State Round.**

NAME	GRADE	NAME	GRADE
KULTAJ SINGH LAYAL	I	NAYRAJ SINGH BAIWAN	III
ANSHIKA AGGARWAL	I	ADIRA WALIA	III
SIDDI KASHYAP	I	KASHVI KHANDELWAL	IV
VIVAAN TRIPATHI	I	ARADHYA CHAUDHARY	IV
AMYRA CHAUDHARY	I	BANINDER KAUR	IV
SRIJA MALIK	I	ARAV RANJAN	IV
DAKSH ANAND	II	DIVYA	IV
AYAN SHARMA	II	NAINSHEE PATEL	IV
SACHIT SINGH RAJPUT	II	VANYA SANDHU	V
SURYANSH BHARTI	II	OKKRIN SHAIZA	V
TANISHQ	II	KSHIT BHATIA	V
ARMAN MALIK	II	HEERANSH DIXIT	V
		AMYRA NEGI	V



## Congratulations!

Winners of Inter-House **TRICOLOUR WALL HANGING COMPETITION** for classes IV and V on the Theme - 'MERA DESH MAHAAN'



Winners of Inter-House **TRICOLOR WALL HANGING COMPETITION** for classes VI to VIII on the Theme - 'MERA DESH MAHAAN'

SR. NO.	NAME	CLASS	POSITION	HOUSE
1.	OJASDWIVEDI	VI	FIRST	WORDSWORTH
2.	VIMARSH KAPOOR	VI	SECOND	KEATS
3.	ANHADSAINI	VI	THIRD	SHAKESPEARE
4.	PRISHA ANAND	VII	CONSOLATION	SHAKESPEARE
5.	AVNI	VIII	CONSOLATION	MILTON

## Congratulations!

Winners of Inter-House **SELFIE FRAME COMPETITION** for classes VI to VIII on the Theme - 'MERA DESH MAHAAN'



Winners of Inter-House **SELFIE FRAME COMPETITION** for classes VI to VIII on the Theme - 'MERA DESH MAHAAN'

SR. NO.	NAME	CLASS	POSITION	HOUSE
1.	Devank Munjal, Ishita Laddi, Tanya Saini, Siya	VIII	FIRST	SHAKESPEARE
2.	Yashika, Jatik Kerodiwal, Aarav Ahluwalia, Aarush Parmar	VI	SECOND	SHAKESPEARE
3.	Ruhani Minhas, Aditiya Arya, Aadhya Sharma, Chaitanya Agarwal	VII	THIRD	MILTON
4.	Amav Sharma, Mehak Thakur, Japneet Singh, Urvija	VII	CONSOLATION	SHAKESPEARE

## Congratulations!

Winners of Inter-House **POSTER MAKING COMPETITION** for classes VI to VIII on the Theme - 'WORLD NATURE CONSERVATION DAY'



Winners of Inter-House **POSTER MAKING COMPETITION** for classes VI to VIII on the Theme - 'WORLD NATURE CONSERVATION DAY'

SR. NO.	NAME	CLASS	POSITION	HOUSE
1.	MANNAT TIWANA	VIII	FIRST	WORDSWORTH
2.	EESHA SINGH	VIII	SECOND	MILTON
3.	PRISHA ANAND	VIII	THIRD	KEATS
4.	TANYA SAINI	VIII	CONSOLATION	SHAKESPEARE
5.	ISHITA	VIII	CONSOLATION	SHAKESPEARE



## Congratulations!

Winners of Inter-House  
GEOMETRICAL BOOKMARK MAKING COMPETITION  
for classes IX and X



## Congratulations!

Winners of Inter-House  
GEOMETRICAL BOOKMARK MAKING COMPETITION  
for classes IX and X

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	VINAMR KAPOOR	IX	FIRST	WORDSWORTH
2.	JYOTSANA	X	SECOND	KEATS
3.	ARMAAN SINGH MALIK	X	THIRD	KEATS
4.	ISHITA	IX	CONSOLATION	WORDSWORTH

## Congratulations!

Winners of Inter-House FRIENDSHIP BAND MAKING COMPETITION  
for classes VI to VIII



Winners of Inter-House FRIENDSHIP BAND MAKING COMPETITION  
for classes VI to VIII

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	PINANK SAINI	VII	FIRST	SHAKESPEARE
2.	VIDYA SRI	VII	SECOND	KEATS
3.	EESHA SINGH	VIII	THIRD	MILTON
4.	VIMARSH KAPOOR	VI	CONSOLATION	WORDSWORTH
5.	KINJAL TEGWAN	VII	CONSOLATION	WORDSWORTH

## Congratulations!

Winners of Inter-House HINDI SLOGAN WRITING COMPETITION  
for classes IX and X on the Theme - 'DESH BHAKTI'



Winners of Inter-House HINDI SLOGAN WRITING COMPETITION  
for classes IX and X on the Theme - 'DESH BHAKTI'

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	GAURIKA DHARI	IX	FIRST	KEATS
2.	LAKSHITA ARYA	IX	SECOND	MILTON
3.	VINAMR KAPOOR	IX	THIRD	WORDSWORTH
4.	NIRBHAY BINDRA	X	CONSOLATION	MILTON





**Winners of Inter-House GREETING CARD MAKING COMPETITION for classes VI to VIII on the Theme - 'THANK YOU SOLDIERS'**

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	GITANJALI NURPURI	VIII	FIRST	MILTON
2.	BHAVNOOR SAINI	VIII	SECOND	KEATS
3.	HIMANSHU ANAND	VIII	THIRD	KEATS
4.	SIYA SINGH	VIII	CONSOLATION	MILTON
5.	VIMARSH KAPOOR	VI	CONSOLATION	WORDSWORTH



***Congratulations!***

**Winners of Inter-House GREETING CARD MAKING COMPETITION for classes VI to VIII on the Theme - 'THANK YOU SOLDIERS'**



**Winners of Inter-House GREETING CARD MAKING COMPETITION for classes IX to XII on the Theme - 'THANK YOU SOLDIERS'**

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	SHAVIK BRAGTA	X	FIRST	MILTON
2.	ARMAN SINGH MALIK	X	SECOND	KEATS
3.	SHARADHA SHUKLA	XI	THIRD	
4.	VINAMR KAPOOR	IX	CONSOLATION	WORDSWORTH

***Congratulations!***

**Winners of Inter-House GREETING CARD MAKING COMPETITION for classes IX to XII on the Theme - 'THANK YOU SOLDIERS'**



***Congratulations!***

**Winners of Inter-House MANDALA ART COMPETITION for classes IX to XII**



**Winners of Inter-House MANDALA ART COMPETITION for classes IX to XII**

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	SUSANNAH	IX	FIRST	MILTON
2.	GURMANYA	X	SECOND	KEATS
3.	ARSHPREET KAUR	XII	THIRD	
4.	MRIDUL	IX	CONSOLATION	MILTON
5.	PRIYANSHU PATEL	X	CONSOLATION	TENNYSON





## Congratulations!

### Winners of Inter-House FRIENDSHIP BAND MAKING COMPETITION for classes VI to VIII

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	PINANK SAINI	VII	FIRST	SHAKESPEARE
2.	VIDYA SRI	VII	SECOND	KEATS
3.	EESHA SINGH	VIII	THIRD	MILTON
4.	VIMARSH KAPOOR	VI	CONSOLATION	WORDSWORTH
5.	KINJAL TEGWAN	VII	CONSOLATION	WORDSWORTH



## Congratulations!

### Winners of Inter-House POSTER MAKING COMPETITION for classes VI to VIII on the Theme - 'INTERNATIONAL LABOUR DAY'

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	EESHA SINGH	VIII	FIRST	MILTON
2.	BHAVNOOR SAINI	VIII	SECOND	KEATS
3.	TEJAL CHAUHAN	VIII	THIRD	WORDSWORTH
4.	JANVI	VIII	CONSOLATION	KEATS
5.	DEVANK MUNJAL	VIII	CONSOLATION	SHAKESPEARE
6.	ATHARV	VII	CONSOLATION	KEATS



## Congratulations!

### Winners of Inter-House SLOGAN WRITING COMPETITION for classes VI to VIII on the Theme - 'WORLD POPULATION DAY'

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	PRISHA ANAND	VIII	FIRST	KEATS
2.	EESHA SINGH	VIII	SECOND	MILTON
3.	ISHITA VEDA MAHAJAN	VIII VII	THIRD	SHAKESPEARE SHAKESPEARE
4.	KANAK BEDI RAPUNZEL	VIII VI	CONSOLATION	WORDSWORTH KEATS



## Congratulations!

### Winners of Inter-House FANCY DRESS COMPETITION for classes III to V

SR. NO.	NAME	CLASS	POSITION	HOUSE
1.	DIPAK SAHOO (Super Hero)	IV	FIRST	WORDSWORTH
2.	ANA BALIYAN (Elsa Frozen)	IV	SECOND	KEATS
3.	AKRITI (Sarojini Naidu)	V	THIRD	KEATS
4.	SAUBHAGYA JASROTIA (Dr. B. R. Ambedkar)	III	CONSOLATION	SHAKESPEARE
5.	AARADHYA (Social Media)	IV	SPECIAL APPRECIATION	SHAKESPEARE
6.	SAARANSH SHARMA (Vote India)	V	SPECIAL APPRECIATION	SHAKESPEARE



## Congratulations!

### Winners of Inter-House POSTER MAKING COMPETITION for classes VI to VIII on the Theme - 'PLANET vs PLASTICS'

SR.NO.	NAME	CLASS	POSITION	HOUSE
1.	HARSIMRAN KAUR	VII	FIRST	WORDSWORTH
2.	PRISHA ANAND	VIII	SECOND	KEATS
3.	JIVITESH SINGH	VII	THIRD	WORDSWORTH
4.	DIKSHA RATHI	VIII	CONSOLATION	WORDSWORTH
5.	ANANYA SOHAL	VI	CONSOLATION	SHAKESPEARE



## 3D COLLAGE MAKING AND MANDALA ART COMPETITIONS

Mount Carmel School, Chandigarh, commemorated Independence Day with 3D Collage Making and Mandala Art Competitions for students in classes IX-XII. The theme, 'My Country, My Pride', elicited enthusiastic participation. Students employed eco-friendly materials to create innovative crafts. The Mandala Art competition showcased vibrant representations of India's colours.

These creative outlets nurtured students' artistic talents while instilling national pride.

The events proved a resounding success, enhancing the students' educational journey.



## “TO CREATE A WORK OF ART IS TO CREATE THE WORLD”- CLASSES : VI TO VIII

On July 31st, 2024, the Art and Craft Club organized a Friendship Band-Making Competition for classes 6 to 10. Through this competition, students learned the value of friendship and the joy of creating personalized gifts for their friends. They explored various crafting techniques, such as braiding, beading, and knotting, which enhanced their fine motor skills and creativity. The activity encouraged teamwork, as students shared materials and ideas, fostering a sense of community and collaboration. Additionally, the competition provided an opportunity for students to express their appreciation and affection for their friends in a tangible and artistic way. The overall experience promoted creativity, social skills, and a deeper understanding of the importance of friendship .





## ROLLER SKATING ACTIVITY

Roller skating is a great activity for kids! It offers a wide range of benefits for their physical, mental, and social development. It combines fun, fitness, and skill-building in a way that keeps children engaged and active

Skating requires maintaining balance on wheels. This can enhance a child's coordination skills and improve his/her sense of balance over time

**Aim of roller skating:-**

It's great fitness. Who says fitness can't be fun? Roller-skating is a great way to improve heart health, strengthen muscles, and burn calories. It even improves flexibility and endurance. And it's a lot more fun than a gym membership

**Roller skating drills:-**

These drills will help you develop better balance, master basic skills, and enhance your overall roller skating techniques.

This guide goes through various fundamental roller skating drills explicitly designed for beginners, zig zag ,side to side zigzag,fast tapping, front and back skate,clap and run etc.

So, grab your skates and put on your safety gear to embark on this thrilling journey together.







# INDEPENDENCE DAY CELEBRATIONS

## 78TH INDEPENDENCE DAY CELEBRATION BY FOUNDATIONAL WING

“Let’s celebrate the spirit of freedom and unity today, remembering the sacrifices made for our beloved nation. May we continue to uphold the values of liberty and justice!”

The little ones of Foundational group celebrated 78th Independence Day with spirit of freedom.

A Special Assembly on freedom was organised where the students recited various poems on Desh Bhakti, a nation etc. They were engaged in painting of National Symbols, dressed up in tri-color attire and enjoyed tri-colored food.







# INDEPENDENCE DAY CELEBRATIONS

## PAPER TEARING OR THUMB PAINTING COMPETITION

THEME : NATIONAL SYMBOL

CLASSES : I AND II

Mount Carmel School organized a Paper Tearing and Thumb Painting Competition for students of classes 1 and 2, centered around the theme of national symbols. The young artists enthusiastically participated, using their creativity to craft beautiful representations of the national flower lotus, the national fruit mango, the national animal peacock, and the tri-coloured Indian Flag. Through the techniques of paper tearing and thumb painting, the students brought these symbols to life with vibrant colours and textures. The event not only allowed them to explore their artistic abilities but also helped them develop a deeper understanding and pride in India's struggle for freedom.



## TRICOLOUR PAPER CRAFT CLASSES III TO V



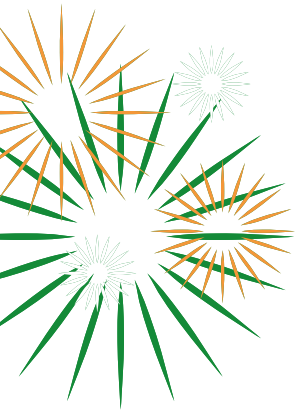
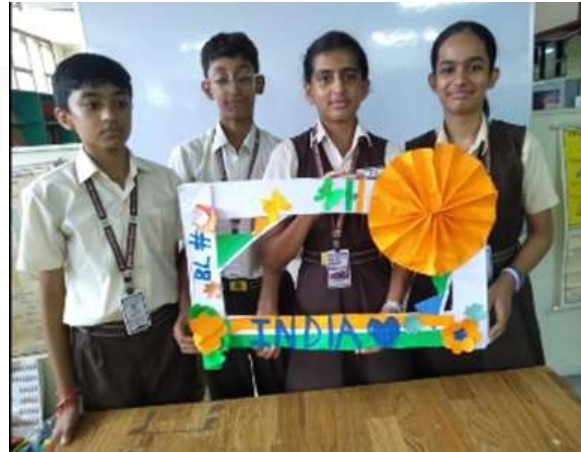




# INDEPENDENCE DAY CELEBRATIONS

## WALL HANGING AND SELFIE FRAME MAKING COMPETITION

On the occasion of Independence Day celebration, Mount Carmel School had organized a Wall Hanging and Selfie Frame Making Competition for classes VI to VIII. Students made attractive and eco-friendly crafts of tri colours and made a beautiful art work. Through this the students get encouragement to work with patience in groups.







# INDEPENDENCE DAY CELEBRATIONS

**MOUNT CARMEL SCHOOL, CHANDIGARH PROUDLY CELEBRATES 78TH INDEPENDENCE DAY WITH GREAT ENTHUSIASM AND PATRIOTIC FERVOUR.**

Freedom in the Mind,  
Faith in the words,  
Pride in our Heart,  
Memories in our souls.

Let's salute the nation 'HAPPY INDEPENDENCE DAY!'

Under the aegis of the Founders and Directors Dr. Earnest Charles J. Samuel and Dr. Annie Charles Samuel along with the Principal Dr.Parveena John Singh, Mount Carmel School, Chandigarh celebrated the 78th Independence Day with great zeal and enthusiasm. The festivities commenced by seeking the blessings of the Almighty and with a welcome speech by the Head Boy of the school, ShivamRana. The Principal hoisted the Tricolor. As the entire gathering sang the National Anthem in the school campus, resonated with the spirit of unity and solidarity. Shavik Bragta and Kaushiki Dwivedi delivered patriotic speeches to pay tribute to the freedom fighters who sacrificed their lives for the independence of our country. Adding educational dimensions to the celebration, Ek Bharat Shreshth Bharat Club and Hindi Dramatics Club members presented skits, emphasizing the significance of Independence. The Founders and Directors urged the young generation to take pride in their Indian identity and carry out their duties by being responsible citizens. The Principal, Dr.Parveena John Singh encouraged everyone to reflect on the significance of independence in fostering a brighter future. The celebrations concluded with a vote of thanks by the Head Girl, Ritisha Sinha expressing gratitude to all participants and guests. Through a day filled with reverence, respect, and cultural performances the institution successfully conveyed the importance of preserving India's hard-earned freedom for generations to come.





# WOMEN CENTRIC LEGISLATION

## WALL HANGING AND SELFIE FRAME MAKING COMPETITION

“There cannot be true democracy unless women’s voices are heard”

The Legal Literacy Club at Mount Carmel School, Chandigarh conducted an activity on the topic ‘Women Centric Legislation’. The informative session was conducted for students of Legal Studies students and hence, students also shared their views on the topic through a ‘Debate’.

Something that focuses on or oriented towards women, often with an emphasis on women experience, perspectives and needs.

Various legislations are implemented for the welfare of women as the Status of Women in our country was not very good since ancient times so, after the independence, Government of India has taken the steps for women empowerment. Some of the important Act are as follows: -

1. Protection of Women from Domestic Violence Act. 2005
2. The Dowry Prohibition Act, 1961
3. The Prohibition of Child Marriage Act, 2006
4. The Sexual Harassment of Women, at Workplace 2013
5. The Medical Termination of Pregnancy Act 1971
6. Reservation of seats for women, in local bodies

For the welfare of women, Government of India has implemented various policies and programs for example:-

### 1. Swadhar Greh

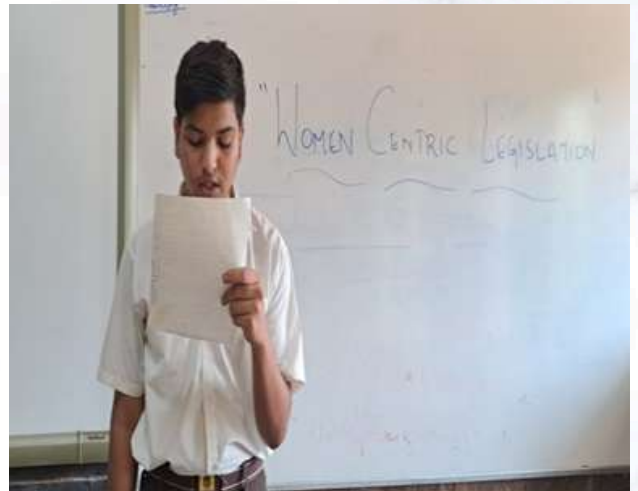
It helps in providing them proper shelter, social, economic and health security.

### 2. Ujjawala scheme

It is implemented for prevention of trafficking and rescue, rehabilitation and reintegration of victims.

### 3. Working Women Hostel

It is implemented to provide hostel and day care services for working women.





## “TO CREATE A WORK OF ART IS TO CREATE THE WORLD”- CLASSES: VI TO VIII

On July 30th, 2024, the Art and Craft Club organized a Poster-Making Competition for classes 6 to 10, centered around the theme "World Nature Conservation Day." Through this competition, students learned the importance of conserving nature and protecting our environment. They gained insights into various environmental issues such as deforestation, pollution, and climate change. The activity encouraged creativity and artistic expression while simultaneously fostering a deeper understanding of ecological responsibility. Students developed their ability to communicate powerful messages visually, enhance their artistic skills, and cultivate a sense of global citizenship. The competition highlighted the critical role that individuals and communities play in preserving the natural world for future generations.



## EXPLORING AND LEARNING ABOUT COLOURS

An engaging activity centered on "Exploring and Learning About Colours" was conducted in the Pre-Nursery class to assist children in identifying and naming various colours. This thoughtfully designed activity aims to enhance children's ability to recognize and differentiate colours, thereby fostering their cognitive development and critical thinking skills. Through interactive and hands-on experiences, children are encouraged to explore the vibrant world of colours, which not only aids in colour identification but also promotes problem-solving abilities. This foundational exercise is crucial for their overall intellectual growth and paves the way for a well-rounded educational journey.







Under the aegis of the Founders & Directors of Mount Carmel School, Sector 47-B, Chandigarh, Dr. Earnest Charles J. Samuel & Dr. Annie Charles Samuel, 23rd Edition of 'SWAR UDGAM', an Inter-School Hindustani Classical Vocal & Geet / Gazal Competition was organized by Mount Carmel School, Sector 47-B, Chandigarh in the School premises on 27-07-2024. The Classical Vocal Competition was conducted for students of classes VI to VIII and the Geet / Gazal Competition was conducted for students of classes IX & X. Students from 25 Schools of the Tricity and adjoining areas participated in this competition. The students of the participating Schools presented their items for the competition. Yaman, Shudh Sarang, Bhopali, Bhairav & Madhuvanti were some of the Ragas on which the participants sang. The day featured a variety of performances, from classical vocal recitals to Geet/Gazals, demonstrating the versatility and depth of talent among the young participants. In the end the host School Principal, Dr. Parveena John Singh felicitated the Judges.

Mr. Nathaneal Lal, an accomplished Composer/Classical Singer, having Masters Degree in Hindustani Classical Vocal and disciple of Pandit Vishwa Mohan Bhatt, and Mr. Arun Vir, Music Producer, worked with some of eminent artists viz., Pt. Shiv Kumar Sharma, Palash Sen, Mohit Chauhan, Indian Ocean, Anuradha Paudwal, Shubha Mudgal, Mika and other Resident and International Indie Artists, were the Judges for this Competition. Prizes to the winning Schools were given by Dr. Earnest Charles J. Samuel & Dr. Annie Charles Samuel, Founders & Directors along with Dr. Parveena John Singh, the Principal of the School.

Dr. Earnest Charles J. Samuel and Dr. Annie Charles Samuel, congratulated the winners and shared/emphasized the competition provided students with valuable stage experience, boosted their confidence, and created lasting memories. The Principal Dr. Parveena John Singh emphasized that Mount Carmel School is committed to offering a well-rounded education that fosters the artistic and creative talents of its students.

The results of this Competition are given as under:

**HINDUSTANI CLASSICAL VOCAL:**

- 1st-Sargun Vohra of Chitkara International School, Chandigarh.
- 2nd-Ananyaa Dutt Sharma of Ishwar Singh Dev Samaj Sr. Sec. School, Chandigarh.
- 3rd -Mishti Garg of Yadvindra Public School, Mohali.
- Consolation: Viti Srivastava of St. Anne's Convent School, Chandigarh.

**GEET / GAZAL:**

- 1st -Tanishka Matharu of Yadvindra Public School, Mohali.
- 2nd -Krishna of The Tribune School, Chandigarh.
- 3rd -Avi Narula of Kundan International School, Chandigarh.
- Consolation: Harshit Sachdeva of Mount Carmel School, Zirakpur.





A Special Assembly themed "Cartoon World" was conducted by students of Kindergarten A. The event featured a presentation on various cartoon characters, which captivated the students. Highlights of the assembly included a special song performance, a lively dance routine, and a student's rendition of the poem "Noddy Aya, Noody Aya." The performance was well-received by the parents, who expressed their appreciation for the students' efforts. The parents also provided commendatory remarks, acknowledging the event's success and the students' enthusiastic participation.



**ONE MINUTE TALK COMPETITION  
CLASSES III TO V**

To commemorate the 78th anniversary of India's independence, a One-Minute Talk Competition was organized for students of classes 3 to 5. The event aimed to inspire young minds to express their thoughts on the significance of freedom and patriotism. Students participated, sharing their thoughts on independence and its impact on our lives. Judges evaluated speeches based on content, oratory skills, confidence, and presentation.

The competition was a resounding success, instilling patriotism and national pride in young minds.

<u>S.No.</u>	<u>Names</u>	<u>Class</u>	<u>Position</u>	<u>House</u>
1	<u>Kashvi Sharma</u>	V-D	First	Milton
2	<u>Myra Talwar</u>	V-D	Second	Milton
3	<u>Tanveen Kaur</u>	III- B	Third	Milton
4	<u>Dipak Sahoo</u>	IV -B	Consolation	Wordsworth





# VEGETABLE MARKET



The bustling Vegetable Market was an exciting and hands-on learning experience for our Pre-Primary students. This activity allowed them to explore different vegetables, learn their names, and understand their importance in our daily diet. Students took on the roles of buyers and sellers, engaging in playful transactions that introduced basic math skills, the concept of money, and the value of healthy eating. This fun and educational activity not only made learning enjoyable but also helped build their confidence and social skills. It was a delightful way for the children to learn important life lessons while enjoying the process of buying and selling fresh vegetables.



## LETTER SORTING ACTIVITY BY GRADE KG-C

We conducted a fun and interactive "Letter Sorting" activity to help children recognize and differentiate between Swar and Vyanjan.

### HOW IT WAS DONE :

Two baskets were prepared and labeled "Swar" and "Vyanjan." Flashcards featuring various swar and vyanjan were spread out on the table. The children eagerly participated, picking up each flashcard and carefully placing it in the appropriate basket.

### OBJECTIVE :

The activity was designed to enhance the children's ability to recognize and distinguish between swar and vyanjan, reinforcing their learning in an engaging manner.





## INTERACTIVE SESSIONS ON LANGUAGE

The lively chat of excited students filled the air in the environment as the students of Grade-II of Mount Carmel School participated in the interactive session on language. The topic, designed to enhance their understanding of basic grammar, turned out to be an educational yet enjoyable experience for the young learners. The activities like 'Use of is, am & are' and 'Understanding of Nouns' were very exciting for the students as they not only grasped the concept more quickly but also enjoyed the process. They demonstrated a clear understanding of these topics by the end of the class and were very confident that these activities will help them remember what they had learned. The success of these activities in class II is a testament to the power of interactive and student-centred learning.



## CINEMAESTRO WORKSHOP

Chitkara International School had organised Cinema Estro Workshop for the students of class 8 to 10 on 31st July and 1st August 2024. They have divided the workshop into four different modules. First module was Cinematography and Screen writing. Second module was film acting or theatre. Third module was Choreography and Fourth module was 2D Digital Character Animation.

Our students participated in all the categories and have learnt a lot about how to shoot a scene with the help of camera, they learnt about the number of lenses as well as how to create a short movie or an advertisement on their own.

Nupur of Class 10 A was awarded with the Best Performance Award.





# AWARENESS DRIVE TO INCREASE THE ENROLMENT OF GIRLS IN SKILL PROGRAMS 'BETI BACHAO BETI PADAO'

Mount Carmel School, Chandigarh conducted a workshop on 'Skill Development' to create awareness among students and to promote enrollment of girls in skill programs and integrate skill programs in education. This workshop was organised under the awareness drive, 'Beti Bachao Beti Padoo' initiated by the Chandigarh Education Department. In this workshop, students learnt and performed various activities- baking, cooking, tie and dye, dyeing, block printing and production of processed foods like jams and squashes. Students were also made aware of self-employment and wage employment avenues.

Skill development is critical to a student's journey toward personal and professional success. It contributes to holistic growth, employability, adaptability, entrepreneurship, problem-solving abilities, self-confidence, life skills, and academic success. Students enjoyed all the activities and developed an interest and insight into the significance of empowering the skills.





## **'TWIRLS OF FREEDOM', AN INTER-SCHOOL DANCE COMPETITION CAPTIVATED AUDIENCE WITH MESMERIZING PERFORMANCES AT MOUNT CARMEL SCHOOL, CHANDIGARH.**

The stage was set ablaze with passion and talent as the Annual Inter-School Dance Competition, Twirls of Freedom unfolded at Mount Carmel School, Chandigarh under the aegis of the Founders and Directors Dr. Earnest Charles J Samuel and Dr. Annie Charles Samuel along with the Principal, Dr. Parveena John Singh. The prestigious event brought together some of the most talented young dancers from schools across the Tri-city, captivating the audience with their breathtaking performances on the theme 'Unity in Diversity'. The day commenced with the Scripture Reading and a welcome speech. The atmosphere was electric, as students, teachers and dance enthusiasts eagerly awaited the start of the competition. 93 participants from various schools of the Tri-city participated in the competition, showcasing a wide variety of dance styles in all the three categories Couple, Solo and Group. Each team brought their unique flair, demonstrating months of hard work, dedication, and artistic expression. The panel of esteemed judges, comprising renowned dance professionals had the challenging task of evaluating the performances. The criteria focused on technical skill, choreography, synchronization, creativity, stage presence, and overall impact. The audience was treated to a visual feast as the young dancers graced the stage one by one, leaving them spellbound with their precision, energy, and passion. The performances were a testament to the talent and potential of the city's youth in the field of dance.

The Inter-School Dance Competition not only provided a platform for talented dancers to showcase their skills but also encouraged cultural exchange and appreciation among participants from diverse backgrounds. The event brought the community together, promoting performing the arts and showcasing the power of dance to inspire, uplift, and unite. The announcement of the results created an air of anticipation and excitement.

The Principal, Dr. Parveena John Singh expressed her delight at the overwhelming success of the competition. She highlighted the importance of such events in fostering creativity, teamwork, and self-expression among young individuals. As the curtains closed on a day filled with mesmerizing performances, the memories of this unforgettable event will continue to resonate with the participants, audience, and the city's dance community for years to come.

The results of this Competition are given as under:

### **Group Dance Competition:**

**First Prize:** AKSIPS Sector 41-B, Chandigarh.

**Second Prize:** Chitkara International School, Chandigarh.

**Third Prize:** Delhi Public School, Chandigarh.

**Consolation Prize:** Mount Carmel School, Zirakpur.

### **Couple Dance Competition:**

**First Prize:** New Public School, Chandigarh.

**Second Prize:** AKSIPS, Sector 41-B, Chandigarh.

**Third Prize:** Mount Carmel School, Zirakpur.

**Consolation Prize:** Delhi Public School, Chandigarh.

### **Solo Dance Competition:**

**First Prize:** Delhi Public School, Chandigarh.

**Second Prize:** Ankur School, Chandigarh

**Third Prize:** ATS Valley School, Dera Bassi.

**Consolation Prize:** Bhavan Vidhalaya, Sector 27, Chandigarh.



## **'TWIRLS OF FREEDOM', AN INTER-SCHOOL DANCE COMPETITION CAPTIVATED AUDIENCE WITH MESMERIZING PERFORMANCES AT MOUNT CARMEL SCHOOL, CHANDIGARH.**

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**Second Prize:** AKSIPS, Sector 41-B, Chandigarh.

**Third Prize:** Mount Carmel School, Zirakpur.

**Consolation Prize:** Delhi Public School, Chandigarh.

### **Solo Dance Competition:**

**First Prize:** Delhi Public School, Chandigarh.

**Second Prize:** Ankur School, Chandigarh

**Third Prize:** ATS Valley School, Dera Bassi.

**Consolation Prize:** Bhavan Vidhalaya, Sector 27, Chandigarh.







## BLE TEST CONDUCTED ON 31ST AUGUST'24

Mount Carmel School, Chandigarh, recently conducted the Borderless Education (BLE) examination on August 31st, engaging students from classes 1 to 10 in a rigorous assessment of their proficiency in core subjects, namely English, Mathematics, General Knowledge, Science, and Computer Science. This esteemed examination provides students with a unique opportunity to broaden their educational horizons, calibrate their skills with international standards, and cultivate a more nuanced understanding of diverse disciplines.



## INTERNATIONAL KIDS FILM FESTIVAL (IKFF) HELD AT MOUNT CARMEL SCHOOL, CHANDIGARH.

Under the aegis of the Founders and Directors Dr Earnest Charles J Samuel and Dr Annie Charles Samuel alongwith the Principal Dr. Parveena John Singh, Mount Carmel School, Chandigarh hosted International Kids Film Festival for the students of Classes I-VIII .

The International Kids Film Festival is a first of its kind global film festival held in schools across 20+ countries since 2017. It utilises visual storytelling and the magic of cinema to inspire and educate young minds. Visual storytelling is an essential life skill in a world dominated by audio-visual content. IKFF is an opportunity for the students across the globe to watch the best of International Children's Cinema, learn filmmaking through workshops and master classes and make films to participate in the world's largest student filmmaking competition. Movies like The Road To Victory, You Are Not Small, Copy, Fly By, The Dogs Ate My Homework, And Then, Gaps, The Last Song and many other were shown to the students. The diverse selection of films captivated the students, sparking lively discussions and a deeper appreciation for global cinema. The festival not only entertained but also educated, leaving a lasting impression on the young audience.

The Principal, Dr. Parveena John Singh added that the event celebrated global cinema and offered students a unique opportunity to explore different cultures and storytelling techniques through the medium of films.





# ART INTEGRATION AS PEDAGOGY WORKSHOP HELD AT MOUNT CARMEL SCHOOL, CHANDIGARH.

Under the aegis of the Founders and Directors Dr. Earnest Charles J. Samuel and Dr. Annie Charles Samuel alongwith the Principal Dr.Parveena John Singh, Mount Carmel School, Chandigarh, hosted a dynamic workshop on Art Integration as Pedagogy, aimed at empowering educators with innovative teaching methodologies.

The workshop was designed to introduce teachers to the concept of art integration, a pedagogical approach that incorporates visual and performing arts into the learning process across various subjects. The objective was to enhance students' engagement, foster creativity, and deepen their understanding of core concepts.

Mr.Vipin Sharma, an esteemed educator, conducted the session. He highlighted the significance of integrating art into daily lessons and demonstrated how this approach can make learning more interactive and enjoyable. Through a series of hands-on activities, the teachers explored ways to incorporate art into subjects like Mathematics, Science, Social Studies, and Languages. In his keynote address, he emphasized the role of art in developing critical thinking, problem-solving skills, and emotional intelligence in students.

The workshop also included group discussions, practical demonstrations, and interactive sessions where teachers shared their experiences and ideas on implementing art-integrated lessons.

The Principal of Mount Carmel School, Dr.Parveena John Singh, praised the initiative, stating, "This workshop aligns perfectly with our school's vision of providing an education that nurtures creativity and critical thinking. We are excited to see how our teachers will bring these new insights into their classrooms, making learning a more enriching experience for our students."





Under the aegis of the Founders and Directors Dr. Earnest Charles J. Samuel and Dr. Annie Charles Samuel along with the Principal Dr. Parveena John Singh, Mount Carmel School Chandigarh, hosted a workshop on Mathematics and Mental Ability for the students of Classes IX and X. The session, led by the resource person Mr. Satinder Pal Singh, was held on 21st August.

Mr. Singh, a noted expert in the field, conducted an engaging and interactive workshop aimed at enhancing students' problem-solving skills and mental agility. Through practical exercises and insightful techniques, students gained valuable tools to improve their understanding of mathematical concepts and boost their cognitive abilities.

The Principal, Dr. Parveena John Singh, extended her gratitude to Mr. Satinder Pal Singh for his expert guidance. She further added that such workshop enriches educational opportunities that foster both academic excellence and personal development.





## Mount Carmel School, Chd

Gurseerat Kaur, a student of the school, clinched gold medal in the ASBC Asian Junior and Schoolboys & Schoolgirls Boxing Championship trials held in Rohtak, Haryana. Gurseerat will now represent her school and country at the ASBC Asian Junior School Boxing Championship in Al Ain City, Abu Dhabi, scheduled from August 27 to September 1. Gurseerat was honored with the title of 'Best Boxer in UT' and previously earned a gold medal in the 67+ kg category at the third Sub-Junior National Boxing Championship-2024. Principal Dr Parveena John Singh congratulated Gurseerat Kaur and wished her continued success in her forthcoming championship.



## MOUNT CARMEL SCHOOL STUDENT SHINES IN BOXING CHAMPIONSHIP

**CHANDIGARH:** Gurseerat Kaur, a student of Mount Carmel School, clinched gold medal and secured first position in the ASBC Asian Junior and Schoolboys and Schoolgirls Boxing Championship trials held in Rohtak, Haryana.

The founders and directors, Earnest Charles J Samuel and Annie Charles Samuel, along with the principal Parveena John Singh, congratulated Kaur on her success.

Kaur will now represent her school and country at the ASBC Asian Junior School Boxing Championship in Al Ain City, Abu Dhabi.

She was also given the title 'Best Boxer in UT'.



## Mount Carmel School, Chandigarh

The school celebrated Independence Day. The festivities commenced by seeking the blessings of the Almighty and with a welcome speech by head boy of the school Shivam Rana. Founders and Directors Dr Earnest Charles J Samuel and Dr Annie Charles Samuel along with Principal Dr Parveena John Singh hoisted the Tricolour. Shavik Bragta and Kaushiki Dwivedi delivered patriotic speeches. Ek Bharat Shreshth Bharat Club and Hindi Dramatics Club members presented skits, emphasising the significance of Independence.



## I-DAY CELEBRATION

Mount Carmel School, Chandigarh



Under the aegis of the founders and directors Dr Earnest Charles J Samuel and Dr Annie Charles Samuel along with principal Dr Parveena John Singh, the school celebrated India's 76th Independence Day with great zeal. The festivities commenced by seeking the blessings of the Almighty and with a welcome speech by the head boy of the school, Shivam Rana. The founders along with the principal hoisted the 'Tricolour' (flag). The entire gathering united to sing the national anthem, resonating with the spirit of unity and solidarity among the attendees. Shavik Bragta and Kaushiki Dwivedi delivered patriotic speeches to pay a tribute to the freedom fighters who sacrificed their lives for the independence of the country. Adding educational dimensions to the celebration, Ek Bharat Shreshth Bharat Club and Hindi Dramatics Club members presented skits, emphasising the significance of independence. The founders urged the young generation to take pride in their Indian identity and carry out their duties by being responsible citizens. Principal Dr Parveena John Singh encouraged everyone to reflect on the significance of independence in fostering a brighter future. The celebrations concluded with a vote of thanks by the head girl, Ritisha Sinha expressing gratitude to all participants and guests.



# MEDIA ACCOLADES

## The Tribune School, Chandigarh

Krishna, a student of Class IX of the school, participated in the 23rd Swar Udgam — Solo classical singing and geet/ghazal competition organised by the Mount Carmel School. Krishna competed with many participants from Tricity schools and got the second place in the ghazal singing competition. His performance captivated the audience. The school is proud of his accomplishment and look forward to more of the future successes.



## Mount Carmel School, Chandigarh

The 23rd edition of 'Swar Udgam', an Inter-School Hindustani Classical Vocal & Geet/Gazal Competition, was organised by the school. The Classical Vocal Competition was conducted for students of classes VI to VIII and the Geet/Gazal Competition was conducted for students of classes IX and X. Students from 25 schools of the Tricity and adjoining areas participated in the competition. The day featured a variety of performances, from classical vocal recitals to geet/gazals, demonstrating the versatility and depth of talent among the young participants. Nathaneal Lal, an accomplished composer/classical singer, and Arun Vir, music producer, were the judges for the competition. Prizes to the winning schools were given by Dr Earnest Charles J Samuel and Dr Annie Charles Samuel, founders and directors, along with Dr Parveena John Singh, Principal of the school.



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INC - Education Sector

## 'TWIRLS OF FREEDOM', AN INTER-SCHOOL DANCE COMPETITION CAPTIVATED AUDIENCE WITH MESMERIZING PERFORMANCES AT MOUNT CARMEL SCHOOL, CHANDIGARH

August 24, 2024 02:12 PM



CHANDIGARH, 24. The stage was set with passion and the Annual Inter-School Dance Competition of Freedom) unfolded at Mount Carmel School, Chandigarh. The prestigious event brought together some of the most talented young dancers from schools across the Tri-city, captivating the audience with their breathtaking performances on the theme 'Unity In Diversity'. Each team brought unique flair, demonstrating months of hard work, dedication, and artistic expression. The critical judgment focused on technical skill, choreography, synchronization, and stage presence, an overall impact. The audience was treated to a visual feast as the dancers graced the stage by one, leaving them spellbound with their precision, energy, and passion. The performances were a testament to the

potential of the city's youth in the field of dance. The Principal, Dr. Parveena John Singh expressed her delight over the overwhelming success of the competition. She highlighted the importance of such events in fostering creativity, teamwork, and self-expression among young individuals. The results of this Competition are given as under:  
**\*Group Dance Competition:**  
 First Prize: AKSIPS Sector 41-B, Chandigarh.  
 Second Prize: Chitkara International School, Chandigarh.  
 Third Prize: Delhi Public School, Chandigarh.  
 Consolation Prize: Mount Carmel School, Zirakpur.

चंडीगढ़। माउंट कार्मेल स्कूल चंडीगढ़ में संस्थापक और निदेशक डॉ. अर्नेस्ट चार्ल्स जे सेमुअल और डा. एनी चार्ल्स सेमुअल और प्रिंसीपल डा. परवीना जॉन सिंह की देखरेख में वार्षिक अंतर-विद्यालय नृत्य प्रतियोगिता दिवल्स ऑफ फ्रीडम शुरू हुई। इस प्रतिष्ठित कार्यक्रम में ट्राईसिटी के स्कूलों के कुछ सबसे प्रतिभाशाली युवा नर्तक एक साथ आए, जिन्होंने अनेकता में एकता थीम पर अपने लुभावने प्रदर्शन से दर्शकों को मंत्रमुग्ध कर दिया। दिन की शुरुआत धर्मग्रंथ पढ़ने और स्वागत भाषण के साथ हुई। ट्राईसिटी के विभिन्न स्कूलों के 93 प्रतिभागियों ने प्रतियोगिता में भाग लिया। तीनों श्रेणियों युगल, एकल और समूह में विभिन्न प्रकार की नृत्य शैलियों का प्रदर्शन किया। मापदंड तकनीकी कौशल, कोरियोग्राफी, समन्वय, रचनात्मकता मंच पर उपस्थिति और समग्र प्रभाव पर केंद्रित थे। युवा नर्तकों ने एक-एक करके मंच पर अपनी प्रस्तुति दी, जिससे दर्शक मंत्रमुग्ध हो गए। प्रधानाचार्य डा. परवीना जॉन सिंह ने प्रतियोगिता की भारी सफलता पर प्रसन्नता व्यक्त की।





## Arshia Talwar wins third prize in English declamation

**A**rshia Talwar, a class IX student of Mount Carmel School, Chandigarh, has won the third prize in the English declamation event at "Kaleidoscope 2024".

Arshia's exceptional oratory skills and compelling presentation captivated the judges and audience alike, earning her this esteemed recognition. The competition saw participation from numerous talented students across the region, making Arshia's achievement a testament to her hard work and dedication. Founders and directors Dr Earnest Charles Samuel and Dr Annie Charles Samuel, along with principal Dr Parveena John Singh, extended their heartfelt congratulations to Ar-



shia Talwar for her outstanding performance and wished her continued success in her future endeavours.

## Mount Carmel School, Chandigarh

Arshia Talwar, a Class IX student, has won the third prize in the English Declamation Competition 'Kaleidoscope 2024'. Arshia's exceptional oratory skills and compelling presentation captivated the judges and audience alike, earning her the recognition. The competition saw participation from numerous talented students across the region, making Arshia's achievement a testament to her hard work and dedication.



## MOUNT CARMEL STUDENT TRIUMPHS IN KARATE C'SHIP

**CHANDIGARH:** Jiya Bain, a student of Class 8 at Mount Carmel School, won gold medal in the third North India Karate Championship 2024.

Founders and directors Earnest Charles J Samuel and Annie Charles Samuel, along with the principal Parveena John Singh, congratulated Bain for her achievement

The championship, organised by the World Shotokan Karate Organisation, Punjab, took place in Banga.

The school management highlighted that Jiya's dedication in karate helped her to earn this accolade.

## Mount Carmel School, Chandigarh

Jiya Bain, a Class VIII student, has won gold medal at the third North India Karate Championship 2024. The championship, organised by the World Shotokan Karate Organisation Punjab, took place in Banga. Jiya's exceptional performance and dedication in karate have earned her this prestigious accolade. Principal Dr Parveena John Singh congratulated Jiya Bain for her outstanding accomplishment.





# MEDIA ACCOLADES



**KG kids transform stage into vibrant cartoon universe**

Under the aegis of founders and directors Dr Earnest Charles J Samuel and Dr Annie Charles Samuel, the kindergarten students of Mount Carmel School, Chandigarh, recently dazzled the audience with a vibrant and engaging special assembly themed "Cartoon World". The event showcased a delightful array of beloved cartoon characters, capturing the imagination of the young audience. The event's highlights included a heartwarming song performance, a lively dance routine, and a charming rendition of a poem. Principal Dr Parveena John Singh lauded the impressive performance and extended her gratitude to the parents for their support and encouragement.

## Mount Carmel School, Chandigarh

The school's kindergarten students dazzled their audience with a vibrant and engaging special assembly, themed 'Cartoon World'. The event showcased a delightful array of beloved cartoon characters, capturing the imagination of the young audience. The assembly featured an engaging presentation highlighting various iconic cartoon figures, which was met with enthusiastic applause from both students and parents. The event's highlights included a song performance, a lively dance routine, and a charming rendition of the poem. Principal Dr Parveena John Singh lauded the performance.

## MOUNT CARMEL SCHOOL, CHANDIGARH

'Twirls of Freedom', an inter-school dance competition, was organised at the school. AKSIPS, Sector 41; Chitkara International School, Sector 25; and Delhi Public School, Sector 40, won medals in the group dance event. In the couples dance, New Public School, Sector 18; AKSIPS and Mount Carmel School bagged medals. Delhi Public School; Ankur School and ATS Valley School, Dera Bassi, claimed medals in the solo dance event.

## Mount Carmel School, Chandigarh

A workshop on 'Project Kartavya' was conducted on the school premises, focusing on advanced education and quality learning for underprivileged children and youth. National Service Scheme (NSS) volunteers demonstrated their commitment to transforming lives through education, equipping the underprivileged with essential knowledge and skills for a brighter future. In addition to education, the programme emphasised women empowerment. Volunteers were encouraged to promote gender equality, empower women, and improve maternal health, reinforcing the community's commitment to creating a more inclusive and equitable society. Principal Dr Parveena John Singh said, "We are incredibly proud of our NSS volunteers for their tireless efforts and dedication. Their work in advancing education and promoting women empowerment is truly transformative. Initiatives like Project Kartavya are essential for building a more equitable and empowered society."

## Mount Carmel School organises inter-school dance competition

**CHANDIGARH:** The annual inter-school dance competition (Twirls of Freedom) unfolded at Mount Carmel School under the aegis of the founders and directors Earnest Charles J Samuel and Annie Charles Samuel, along with the principal, Parveena John Singh.

The event brought together 93 dancers from schools across the tricity, who performed on the theme 'Unity in Diversity'.

The dancers showcased a variety of dance styles in all the three categories (couple, solo and group). Each team demonstrated months of hard work, dedication, and artistic expression. The panel of judges, comprising dance professionals, evaluated the performances.

The criteria focused on technical skills, choreography, synchronisation, creativity, stage presence, and overall impact. The performances were a testament to the talent and potential of the city's youth in the field of dance.

The inter-school dance competition provided a platform for dancers to showcase their skills and also encouraged cultural exchange and appreciation among participants from diverse backgrounds.

The event brought the community together, promoting the arts and showcasing the power of dance to inspire, uplift, and unite.

The principal highlighted the importance of such events in fostering creativity, teamwork, and self-ex-

pression among young individuals.

In the group dance competition, AKSIPS-41 won the first prize, Chitkara International School won the second prize, and Delhi Public School won the third prize. Consolation prize was given to Mount Carmel School.

In couple dance, New Public School got the first prize, AKSIPS-41 won the second prize, and Mount Carmel School got the third prize. Consolation prize was given to Delhi Public School.

In solo dance, first prize was given to Delhi Public School, second prize was given to Ankur School, and third prize was given to ATS Valley School. Consolation prize was given to Ibhavan Vidyalaya.





## Eco Club's exhibition "Celebrating Qudrat" promotes sustainable practices

The Eco Club of Mount Carmel School, Chandigarh, under the aegis of founders and directors Dr Earnest Charles J Samuel and Dr Annie Charles Samuel along with principal Dr Parveena John Singh, organised an enlightening event titled "Celebrating Qudrat". This exhibition aimed to raise awareness and promote sustainable practices among students, with a particular focus on the conservation of nature.



showcasing the importance of nature conservation and sustainable living. Each exhibit was meticulously designed to captivate and engage young minds, guiding them through various eco-friendly solutions and practices. Principal Dr

Parveena John Singh said that "Celebrating Qudrat" successfully highlighted the critical need for environmental stewardship and equipped students with practical knowledge on how to contribute to a sustainable future.



### Mount Carmel School, Chandigarh

The Eco Club of the school organised an enlightening and inspiring event titled "Celebrating Qudrat". The exhibition aimed to raise awareness and promote sustainable practices among students, with a particular focus on the conservation of nature. Students of classes V and VII actively participated in the educational visit, gaining valuable insights into various eco-friendly practices. The exhibition featured a diverse range of exhibits and activities showcasing the importance of nature conservation and sustainable living. Each exhibit was meticulously designed to captivate and engage young minds, guiding them through various eco-friendly solutions and practices. Principal Dr Parveena John Singh said, "Celebrating Qudrat" successfully highlighted the critical need for environmental stewardship and equipped students with practical knowledge on how to contribute to a sustainable future.

### SCHOOL REPORTS



A workshop on 'Project Kartavya' was conducted at Mount Carmel School.

## Mount Carmel hosts educational session

**CHANDIGARH:** A workshop on 'Project Kartavya' was conducted at Mount Carmel School under the aegis of the founders and directors Earnest Charles J Samuel and Annie Charles Samuel and the principal Parveena John Singh.

The workshop focused on advanced education and quality learning for underprivileged children and youth.

The National Service Scheme (NSS) volunteers demonstrated their commitment to transforming lives through education, equipping the underprivileged with essential knowledge and skills for a brighter future.

In addition to education, the pro-

gramme focused on women empowerment.

Volunteers were encouraged to promote gender equality and improve maternal health, reinforcing the community's commitment to creating a more inclusive and equitable society.

Speaking on the occasion, the principal said, "We are incredibly proud of our National Service Scheme volunteers for their efforts and dedication. Their work in advancing education and promoting women empowerment is truly transformative. Initiatives like Project Kartavya are essential for building a more equitable and empowered society."

## MOUNT CARMEL STUDENT SHINES IN DECLAMATION

**CHANDIGARH:** Arshia Talwar, a Class 9 student of Mount Carmel School, won the 3rd prize in the English declamation competition 'Kaleidoscope 2024'.

The founders and directors of the school, Earnest Charles Samuel and Annie Charles Samuel, along with the principal Parveena John Singh, extended their wishes to Talwar.

Arshia's oratory skills and presentation captivated the judges and audience alike.

The competition saw participation from students across the region, who showcased their talents.

## MOUNT CARMEL STUDENT WINS BRONZE IN KARATE

**CHANDIGARH:** Jiya Bains, a student of Class 8 at Mount Carmel School, clinched the bronze medal at the inter-school karate tournament organised by the education department of the UT.

The founders and directors Earnest Charles J Samuel and Annie Charles Samuel, along with the principal Parveena John Singh, appreciated the efforts of Bains.

The tournament, which aimed to promote sportsmanship and physical fitness among school students, saw participation from various schools in Chandigarh.

Jiya showcased her skills, determination, and sportsmanship at the event, securing her place on the podium in her category.

The school principal expressed her pride in Jiya's accomplishment and said, "She has always been a dedicated student, and her success in this tournament reflects her hard work and passion for karate."

The school authorities highlighted the significance of motivating the students to participate in extracurricular events to showcase their skills.