

*"In all your ways submit to Him, and He will make your paths straight." Proverbs 3:6*



## **MOUNT CARMEL SCHOOL, CHANDIGARH**



### **MONTHLY REPORT FOR ACHIEVEMENTS & ACTIVITIES FOR THE MONTH OF MAY 2023.**



Mount Carmel School, Chandigarh awarded with 'The Best School Award' by All India Citizens Development Centre, Aurangabad Maharashtra, India.



Congratulations to Dr. Parveena John Singh, The Principal of Mount Carmel School, Chandigarh for being felicitated with " The Ideal Principal Award 2022" by All India Citizens Development Centre, Aurangabad Maharashtra,India.



*Congratulations!*



Mount Carmel School, Chandigarh for being awarded with '**Award for School with Best Teaching Practices**' by Chandigarh University & Chandigarh Welfare Trust on 13th May, 2023 at Mahatma Gandhi Centre, Sector 26, Chandigarh. The Chief Guest for the day was Shri. Banwarilal Purohit, Hon'ble Governor of Punjab. The other Dignitaries present for the same were - Sh. Dhram Pal (IAS), Advisor Chandigarh Administration, Sh. Harsuhinder Pal Singh Brar, (PCS), Director School Education, Chandigarh Administration, Mrs. Bindu Arora, Deputy Education Officer.



*Congratulations!*



To

**Dr. Parveena John Singh**

The Principal of Mount Carmel School, Chandigarh for being felicitated with '**The Best Leadership Award**' by Chandigarh University & Chandigarh Welfare Trust on 13th May, 2023 at Mahatma Gandhi Centre, Sector 26, Chandigarh. The Chief Guest for the day was Shri. Banwarilal Purohit, Hon'ble Governor of Punjab. The other Dignitaries present for the same were - Sh. Dhram Pal (IAS), Advisor Chandigarh Administration, Sh. Harsuhinder Pal Singh Brar, (PCS), Director School Education, Chandigarh Administration, Mrs. Bindu Arora, Deputy Education Officer.



‘Chandigarh Schools Excellence Awards-2023’ felicitated teachers of Mount Carmel School, Chandigarh. Under the aegis of the Founders and Directors, Dr. Earnest Charles J Samuel and Dr. Annie Charles Samuel, Teachers of Mount Carmel School, Chandigarh were honoured on 13th May, 2023 at Mahatma Gandhi Centre, Sector 26, Chandigarh. The event commenced with the ceremonial Lamp Lighting followed by the National Anthem. Shri. Banwarilal Purohit, Hon'ble Governor of Punjab was the Chief Guest. Mr. Dharam Pal (IAS), Advisor to Chandigarh Administration, Ms. Purva Garg, IAS Education Secretary Chandigarh, Mr. H.S Brar, District Education Officer Chandigarh and Ms. Bindu Arora, District Education Officer Chandigarh were the other guests of Honour present at the event. These awards recognized the outstanding contributions and dedication of the school’s teachers towards academic excellence and for inspiring students to reach their potential. Mrs. Mamta Handa (Academic Co-ordinator and Wing-in-Charge Seniors), Mrs. Sarita Pahuja (Academic Co-ordinator Middle), Mrs. Jimly Dhar (Wing In-charge Juniors), Mrs. Parveen Sinha (Cultural Co-ordinator Seniors), Mrs. Amudha Dalal (HOD Science) and Mrs. Manju Sharma (HOD Humanities) were felicitated at the event. These teachers have shown commitment to excellence in their fields and their contributions have been instrumental in shaping the future of the students in Mount Carmel School. The Principal, Dr. Parveena John Singh congratulated the teachers and thanked them for their hard work, dedication and passion that has made a significant impact on the quality of education provided by the school.



Congratulations to Mrs Parveen Sinha for being felicitated with " The Best Teacher Award" by All India Citizens Development Centre, Aurangabad Maharashtra, India.





## MOUNT CARMEL SCHOOL, CHANDIGARH

*Congratulations!*



***Shreya of Class X-B participated in Inter-School Declamation Contest organized by Education Department, Chandigarh, held on 12th May, 2023 in St. Stephen's School, Sector 45, Chandigarh. She received Consolation Prize, a Certificate & Rupees 800/-Cash Reward.***



## MOUNT CARMEL SCHOOL, CHANDIGARH

*Congratulations!*



***Vinamr Kapoor of Class VIII-D participated in Walkathon "Walk Against Blindness" organized by J.P. Eye Hospital, Mohali for a noble and social cause of Eye Donation to give light to someone's eyes. He received a medal and a certificate for the same.***



Vivek High school had organised Inter-school "Sur Tal" Competition, 2023 on 4th May, 2023. 16 schools from Tricity participated for the same. Roshita of Class VIII-D, received Consolation Prize under the Solo Dance Category. She received Trophy and Certificate.



All India Citizen Development Society organised a Drawing Competition for Classes 6 to 10 . Students received participation certificates.

## EUROPE TRIP ORIENTATION



Mount Carmel School, Chandigarh organised an Orientation for Europe Trip. Under the aegis of the Founders and Directors Dr Earnest Charles J Samuel and Dr Annie Charles Samuel, Mount Carmel School, Chandigarh recently conducted an orientation for the students who are going on an 8-night and 9-days Trip to Europe. The orientation aimed to provide essential information to the students about the trip's itinerary, rules and regulations, and safety measures. The trip will cover major European cities such as Paris, Switzerland and Rome. Students will witness breathtaking architectural landmarks such as the Eiffel Tower, Leaning Tower of Pisa, and the Colosseum. The itinerary also includes visits to art galleries, museums, and churches. The school has taken all necessary precautions for ensuring the safety of the students during the tour. The students will be accompanied by experienced teachers and tour guides, and their movements will be monitored closely. The orientation program also covered essential information about travel insurance, accommodation, and food. The school has made arrangements for comfortable accommodation and healthy food during the trip. The students were guided to seek clarifications about any doubts or queries they had regarding the trip. The Principal, Dr. Parveena John Singh expressed her hope that the trip would be an enriching and educational experience for the students, helping them to broaden their horizons and learn more about History, Culture, and Geography of Europe.



## WORLD EARTH DAY CELEBRATIONS



The Eco and Environment Club, Qudrat of Mount Carmel School, Chandigarh conducted a series of activities to celebrate World Earth Day. These activities were aimed at promoting environmental awareness and encouraging students to take action to protect the environment.

1. **TREE PLANTATION:** On Wednesday, 19th April 2023, the club organized a tree plantation drive. Students from various classes participated in the plantation drive, and together they planted several trees in the school premises. The tree plantation drive not only helped to increase the green cover of the school but also raised awareness about the importance of trees in mitigating climate change and their role in preserving the environment.

2. **POSTER MAKING COMPETITION:**

**THEME:**

**CLASSES VI-VII: POLLUTION FREE EARTH**

**CLASSES IX-X: EARTH-A HOME FOR ALL**

On 20th April 2023, the club organized a poster-making competition for students of classes 6 to 10. The competition saw enthusiastic participation from students, who showcased their creativity and artistic skills through their posters. The posters displayed powerful messages on the need for environmental conservation and the importance of individual actions in preserving the environment.

3. **SPEECH**

On 21st April 2023, the club delivered a speech on the topic "Challenges faced by the environment and steps we can take to overcome them." The speech emphasized the importance of reducing carbon emissions, conserving natural resources, and adopting eco-friendly practices.

Overall, the activities conducted by the Eco and Environment Club, Qudrat, to celebrate World Earth Day were impactful in raising awareness and promoting environmental consciousness among students. These activities provided students with the opportunity to learn about the environment, its challenges, and the actions that



can be taken to protect it. By participating in these activities, students learned the importance of individual actions in preserving the environment and the role they can play in creating a more sustainable future.

### PROJECT WORK:

#### COMPOST PIT: HOW TO DO?

1. Add leaves to a compost pit, or pile them up in a corner of your yard.
2. Top the leaves with a nitrogen-rich item, like cottonseed meal, grass clippings, food waste etc.
3. Build the pile up until it is two - three feet tall and wide.
4. Turn the compost once a month.
5. Use manure to nurture your plants.



## ROUTE MAP PLANNING ACTIVITY 'HOW I GET TO SCHOOL'



Teaching Map Skills through activities helps to Promote Spatial Thinking Abilities of Young Children. To enhance creativity, imagination and thinking skills, a Route Map Planning Activity 'How I get to School' was conducted for the students of Grade III on April 26, 2023. All students showcased their fantastic Map Making Skills to plan their route from home to school. It was an enticing and engaging map planning activity.

## RED ART DAY



Colours are indeed the smiles of nature..... The 'Red Art Day' celebration was a wonderful learning activity that helped tiny tots of Pre-Primary to reinforce their creativity and fine motor skills. They were made to tear red coloured sheets and paste them onto outline sheets of red fruits like watermelon, strawberry and apple. It was a scintillating day with innocent faces gleaming and reflecting brightness, joy, love, and happiness.



## LABOUR DAY CELEBRATIONS



Labour Day is set to celebrate the hard work and achievements of the labour group. This is one day that is entirely devoted to the labour class. Today, students of Pre-Primary made a cards to thank their helping maids, who help them all the time during school hours. It was a sweet gesture that was initiated to teach students to be thankful to everyone who help them.



## YELLOW DAY CELEBRATION



Colours are indeed the smiles of nature.... To introduce the Yellow colour to students, Yellow Day was celebrated for the Pre-Primary Wing of Mount Carmel School, Chandigarh. The children looked cute as they dressed up in Yellow clothes to make the day even more special. Songs and poems related to the Yellow colour were recited in class, which are an amazing instrument to teach in a fun and easy way. The Yellow Day Celebration was a wonderful learning activity, which helped children to sort and classify objects based on colours. This, thereby, reinforced their cognitive skills.

## CELEBRATION OF INTERNATIONAL DANCE DAY



"Dance is the joy of movement and the heart of life." Under the guidance of Founders and Directors - Dr Annie Charles Samuel Ma'am and Dr Earnest Charles J. Samuel Sir, and Principal Dr Parveena John Singh Ma'am, Mount Carmel School, Chandigarh celebrated International Dance Day with Classes 1 and 2 with the aim to tell them about different dance forms and dance to the tunes of different music. The students were told about different dance forms with actions - Worship dance, Bollywood dance, Hip-hop dance and Bhangra. The students were excited and were filled with joy and enthusiasm, dancing to the tunes, with their dance teachers.

## MOVIE DAY WITH THE HINDUSTAN TIMES



Students of Mount Carmel School, Chandigarh rejuvenate themselves by watching the movie 'Shazam' Under the aegis of the Founders and Directors Dr Earnest Charles J Samuel and Dr Annie Charles Samuel, students of Mount Carmel School, Chandigarh were taken for a movie in association with The Hindustan Times. The students got a chance to watch the movie on the big screen with their classmates and teachers.

Shazam was a children's movie, perfect for the young audience. The students thoroughly enjoyed the film and were engrossed in it throughout. It was a fun-filled experience for the students, and they considered it a welcome break from their school routine. The Principal, Dr. Parveena John Singh added that such activities help in the students' holistic development and provide them a break from their daily schedule. Overall, it was a successful event, and the students reflected on the experience positively. The school plans to organize such activities in the future to keep their students engaged and entertained.

## SCHOLASTIC BOOK FAIR



Scholastic India had organised a Book Fair for the students of Mount Carmel School, Chandigarh from May, 3rd till May, 8th 2023. Our Respected Principal Ma'am, Dr. Parveena John Singh, inaugurated the Book Fair and encouraged the students to develop a habit of reading on everyday basis. Students had purchased various books according to their reading preferences. Even the parents showed great interest in purchasing the books. The main aim for the Book Fair was to inculcate the reading habit in students.

## 'HEALTHY FOOD AWARENESS WORKSHOP'



"You don't have to eat less, you just have to eat right." Keeping this in view and under the able guidance of Founders and Directors Dr. Earnest Charles J Samuel and Dr Annie Charles, a Healthy Food Awareness workshop was conducted for the students of Classes IV and V of Mount Carmel School, Chandigarh on 9th May 2023 in Auditorium, Basement Block - A. The session was organised by Cornitos Nachos, a beloved snack brand. Ms. Yashika and Ms. Aradhika Singh, Media Manager of Cornitos, led the session. Respected Principal Ma'am, Dr. Parveena John Singh, felicitated the guests.

This workshop concentrated on imposing healthy eating amongst children, by introducing fun and nutritious snacks. They were also taught how to take good care of their health by eating good food. Furthermore, the children were motivated to have a balanced diet, exercise, keep their surroundings clean, and stay hydrated. The team of Cornitos introduced a new and healthy variety of snacks, with different flavours, thus making the students even more interested. A short activity was also done with the students, to encourage and motivate them even more. The Principal Dr Parveena John Singh while applauding the efforts of the team in inculcating good eating habits among the students also stated that a well balanced diet provides all the energy one needs to keep oneself active throughout the day. The children left the premises with smiling faces, as they were provided with samples of snacks of their favourite flavours.

## MOVIE TIME WITH TIMES OF INDIA CLASSES III - V



"Movies are windows to other parts of the world"

Movies give students educational experience and provide alternative educational opportunities. It develops children's cognitive skills, such as forming long time memories, developing logic and reasoning.

So keeping this in mind and under the able guidance and motivation of Directors Dr. Charles J Samuel and Dr Annie Charles and Principal Dr Parveena John Singh, Mount Carmel school, Chandigarh organised a fun trip to the cinema for students of classes 3 to 7 for 3rd May 2023 organised by NIE. The tiny tots were brimming with excitement to see the much awaited movies, " Super Mario" and "Shahzam". The children went to Bestech, Mohali for their cinematic experience. As the lights dimmed, the children settled into their seats and were completely engrossed. They cheered for their favourite characters and were on the edge of their seats during the action scenes. All in all, it was a great trip which helped the children to strengthen their bonds and create lasting memories.



## INTER - HOUSE CRICKET TOURNAMENT( U-17 BOYS)



The Inter-House match was conducted on 17th April 2023 between Keats House and Wordsworth House. In this five over match Keats house won by 30 run from Wordsworth House and total 74 runs were made by Keats House . A huge crowd of students gathered in the playground to cheer their respective teams.

## INTER - HOUSE GYMNASTICS TOURNAMENT( U-14 GIRLS)



The First Inter-House Gymnastics Competition was conducted for Under-14 Girls on 17th May 2023. The results are as under :

Priyanshi Dahiya - VII-C - First (Keats House)  
Sanvi Malik - VIII-B - Second (Milton House)  
Tanishka - VII-C - Third (Keats House)

## INTER - HOUSE CRICKET TOURNAMENT( U-17 BOYS)

The Inter-House Basketball Tournament was organised on 17th May 2023, the first match was played between Milton House and the Wordsworth House and Wordsworth House won the same by with 08 points.

The Second Match was played between Keats House and Shakespere House and Keats House won the same by 06 points.



## MOVIE TIME WITH TRIBUNE



Under the aegis of the Founders and Directors Dr Earnest Charles J Samuel and Dr Annie Charles Samuel, students of Mount Carmel School, Chandigarh were taken for a movie in association with The Tribune. Students watched the New Marvel 3D movie 'Guardians of Galaxy' with exuberance at Centra Mall, Chandigarh.

The students loved watching the movie on the big screen with their classmates and teachers. They thoroughly enjoyed the film and were engrossed in it throughout. It was a fun-filled experience for the students, and offered them a refreshing break from their school routine. The Principal, Dr. Parveena John Singh was pleased and added that such activities help in the students' holistic development and provide them a break from their daily schedule.

## POSTER MAKING COMPETITION



The poster-making competition was a great success in raising awareness about the plastic pollution and saving water. The participants demonstrated their ability to think creatively and effectively communicate important messages on these crucial environmental issues. This competition provided students with a platform to express their thoughts and become more aware of the environmental issues of our time.

## ACTIVITY: PLEDGE MISSION LIFE



in the Morning Assembly, the students of Mount Carmel School, Chandigarh took a pledges a part of Life initiative- Lifestyle for Environment. The pledge was taken by around 2000 students, to create awareness about the importance of living in a mindful and sustainable way to protect our planet.

The pledge started with an introduction to the Mission of Life, which aims to promote sustainable development, protect the environment, and create a better future for all. The students then recited the pledge as one, which highlights the importance of taking responsibility for our actions and making conscious efforts towards creating a better world. The pledge addressed several key areas, including reducing our carbon footprint, conserving natural resources, and promoting sustainable practices. The students pledged to reduce waste, recycle more, turn off lights when not in use, and conserve water. They also pledged to promote sustainable transportation, such as walking or biking to school, and reducing single-use plastics.

## ROBOTICS WORKSHOP



There's a new friend in town, one who wants to befriend every Mount Carmelite - Artificial Intelligence. A workshop was conducted for the students of Classes 4--7to promote the importance of Artificial Intelligence and Robotics. This is an ecosystem that fosters learning, creativity, and innovation in the virtual world. It includes technologies that focus to build 21st century skill sets through exciting real-world application-based DIY projects. The students enthusiastically participated in this event, thus opening their minds to the world of Robotics and AI.

## **MISSION LIFE COMMUNITY MEETING REGARDING ENERGY CONSERVATION/WATER CONSERVATION**



Water Scarcity and Energy Conservation today has become a big issue which if not dealt with in time, will turn out to be a hazard. The Eco Club - Qudrat of Mount Carmel School, Chandigarh organised a community meeting in school on 25th May 2023 to make students aware to conserve water and energy.

From childhood, we have been taught the principle of turning off devices or appliances when not in use. Students were asked to conserve every drop of water and not waste it unnecessarily. Importance of rain water harvesting was also explained. They were encouraged to improve water management practices that reduce the wastage of water. In case the water is not used wisely by anyone, then heavy fine should be imposed. Appropriate behaviour and habits can help in water and energy conservation. Students were motivated by this, and took oath to use water and energy properly and motivate others also.

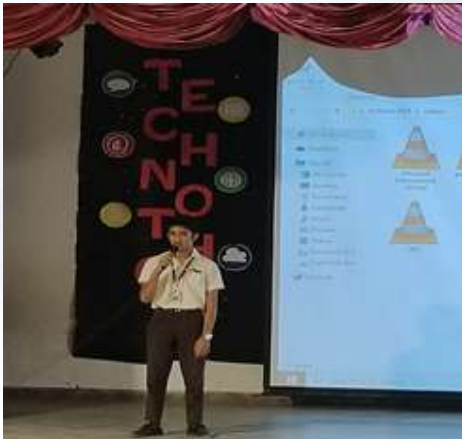
## **'THE WORLD BIODIVERSITY DAY'**



The air we breathe and the food we eat all rely on biodiversity, which is in perilous decline because of us. What we do in the next few years will determine the fate of biodiversity, and life on Earth.

To increase the understanding and awareness about preserving species of plants and animals among junior students, World Biodiversity Day was organized by the Junior Science Club for the students of classes 3 to 5 on 17 May, 2023. On this occasion students of class 3 prepared face masks. Collages were prepared by the students of class 4 and 5 wherein every child contributed in collecting the pictures of diverse species of plants and animals and made a collaborative effort to put them together. The students even expressed their views about the importance of diversity in nature through Power Point Presentations. It was an interactive and informative session and students overwhelmingly participated in it.

## THE TECHFEST - 2023



The Techfest 2023, an annual event was conducted by St.Soldier Int. Convent School, Mohali covering varied activities on computers under two categories i.e. Technothon and Robothon.. The aim of the event was to celebrate International Year of Millets 2023. Various schools from the tricity participated in this competition. 4 students from our school also have been a part of this event . The names of students are as follow:

<b>Name</b>	<b>Class</b>	<b>Event Name</b>
Rizak	4th A	Logo Design in MS Paint
Moira Bhargav	6th A	Poster Making in MS Word 2010
Anay Ranjan	8th C	Comic Script in MS Publisher 2010
Aaditya Zhildiyal	10th A	Recipe Video Making

All the participants were appreciated with participation certificates. This was a great opportunity for the students to explore their skills. All the judged highly appreciated the efforts and ideas of young minds. The event was conduct so well.

# HAPPY MOTHER'S DAY

## MOTHER'S DAY CELEBRATIONS



## SCHEDULE FOR CAPACITY BUILDING PROGRAMME SESSION 2023-24

Date	Time	Topic	By	Resource Person
22 May 2023	9:15-12:00 p.m.	Setting Learning Outcomes	Harper Collin	Ms. <u>Rakhi Thakur</u>
24 May 2023	10:15-11:30 a.m.	Introduction to NEP 2020	Oxford University Press	Ms <u>Deepti Gupta</u>
25 May 2023	9:00-12:00 p.m.	Experiential Learning	<u>Ratna Sagar</u>	Dr. <u>Gurmeet Kaur Gill</u>
	12:00-1:00 p.m.	Training on SQAAA (School Quality Assurance and Accreditation-CBSE)	Mount Carmel School, Chandigarh (To be attended by Academic Council of the 3 schools)	Dr. <u>Parveena John Singh</u> (Co-ordinating Principal Mount Carmel Schools)
26 May 2023	8:30-10:30 a.m.	More About NEP 2020	<u>Goel Publication</u>	Ms. <u>Tarana Chakerwari</u>
26 May 2023	11:00-12:30 p.m.	NEP 2020 & its Execution	Orange Education	Ms. <u>Sunavana Gupta</u>



## **CAPACITY BUILDING PROGRAM ON FINANCIAL LITERACY CONDUCTED BY CBSE**

CBSE has taken the initiative to sensitise teachers on basics of Financial Literacy and Use of Digital Tools that are relevant in the current scenario.

CSC was conducted on Financial Literacy and Use of Digital Tools', on 18th May, 2023 from 2:30 P.M. to 4:30 P.M. at Mount Carmel School, Chandigarh, a collaborator school of Hubs of Learning, Chandigarh. The focus of the session was to create awareness about basic financial planning, how to avoid falling prey to phishing and cyber fraud etc., which will enable the educators stay updated to plan their future in a better way. This initiative is a part of Activities related to Investor Education and Awareness Initiative in terms of SEBI (Mutual Funds) Regulations 1996. A Total of 135 educators from Mount Carmel Schools; Chandigarh, Mohall and Zirakpur, participated by registering themselves through the link provided by CBSE. The session commenced with an enunciation of a scripture reading from the Holy Bible, followed by a prayer. The guest speakers and all the faculty members of Mount Carmel Schools; Chandigarh, Mohall and Zirakpur along with their respective Principals were welcomed, followed by felicitation of the guest speakers from CBSE and CBP team, by the Co-ordinating Senior Principal of Mount Carmel Schools, Dr Parveena John Singh.



As the engrossing session commenced, the teachers absorbed every single word spoken by the guest speakers.

The key takeaways for the teachers were:

- Importance of SIPs/Shares/Mutual Funds.
- Investment and importance of life insurance and term plans.
- How to deal with funds and finances?
- Where and where not to invest.-Cyber fraud and phishing.

followed by the rendering of the National Anthem.

The Founders and Directors Dr. Earnest Charles J Samuel and Dr Annie Charles along with Principal of Mount Carmel School, Chandigarh and Coordinating Principal of Mount Carmel Schools (Chandigarh, Mohali & Zirakpur),Dr.Parveena John Singh appreciated the initiative of CBSE, calling it an engaging and interactive session, as sensitising educators will help them disseminate their learning and extracted experiences with the students so that they deal with the finances vigilantly. Emphasising on Financial Literacy being an essential skill in today's world, they reiterated that our world is becoming complex and interconnected, so do the finances, that our students must learn to navigate.Today's students are digital natives who have grown up on technology and are accustomed to using digital tools to manage their daily lives.Therefore it becomes imperative to engage the students in such skills they need to succeed financially..The session was thought provoking due to the realization of the significance of Financial Literacy.The session culminated with a Vote of Thanks presented by a faculty member, followed by the rendering of the National Anthem.

## CAPACITY BUILDING PROGRAMME FOR TEACHERS ON DEFINING LEARNING OUTCOMES - 22TH MAY 2023



A capacity building programme on 'Defining Learning Outcomes' was held for the Faculty of Mount Carmel School, Chandigarh by the Resource Person, Ms. Rakhi Thakur, which was organised by Harper Colin, on 22nd May at Mount Carmel school, Chandigarh. It was attended by all the faculty members of Mount Carmel Schools; Chandigarh, Mohali & Zirakpur, along with their respective Principals. The resource person Ms. Rakhi Thakur, along with all the faculty members and their respective Principals, was welcomed. The two hour session on 'Setting Learning Outcomes' was an exhaustive one and the teachers were motivated to reconsider the designing of their curriculum from a new perspective.

Learning outcomes describe how a learner's understanding develops from simple to complex when learning different subjects or tasks. Teachers were guided on how to choose Learning Outcomes, keeping in mind the concepts, ideas, methods, theories, approaches and perspectives of their subject that students should learn, which important skills should be developed, helping learners to monitor their own progress and planning assessment types to serve a diverse student population in inclusive education.

The significance of imparting the knowledge of learning outcomes to students explicitly communicates what is expected of the students at the end of the lesson, as by the end of the class the students should be able to recall, explain, interpret, compare, differentiate, implement, judge and create their analysis, and the teacher considering how to measure whether the students have met those outcomes. What kind of activities or assignments will let students provide evidence when they meet these outcomes, for example, assignments, presentations, projects or well crafted exam questions. Well-written learning outcomes clearly defined where the teachers want students to be, at the end of the term/session, they are useful for guiding students throughout the course/year.

## CAPACITY BUILDING PROGRAMME ON 'INTRODUCTION TO NEP-2020'



"The purpose of education is to make good human beings with skill and expertise."  
Dr. A. P. J. Abdul Kalam.

In collaboration with the Oxford University Press, Mount Carmel School, Chandigarh organised a Capacity Building Programme on the topic 'Introduction to NEP-2020' under the aegis of the Founders and Directors Dr. Earnest Charles J Samuel and Dr. Annie Charles Samuel. The workshop was organised for all the three branches of Mount Carmel School ( Mohali, Zirakpur and Chandigarh) to enable the teachers to get oriented with the NEP 2020. The main objective of the session was to create awareness about the National Education Policy-2020 amongst teachers and to familiarize them with the skills to help them understand its nuances, curriculum changes, the shift in pedagogical skills and its implementation for the holistic development of its stakeholders, the students. The resource person, Dr. Deepti Gupta explained that the National Educational Policy-2020 seeks to introduce and implement a sea of changes across all levels of education in India. Further, she apprised the educators that the National Education Policy -2020 is based on the pillars of access, equity, equality, affordability, accountability and will transform India into a vibrant knowledge hub. She expressed the importance of using a holistic and multidisciplinary approach which will enable the learners to adapt and reinvent themselves to the demands of socio-cultural changes. It was a fruitful session which culminated with a group activity in which the educators expressed their views about a project which incorporated all the guidelines as per NEP-2020. All the queries were successfully addressed by the resource person. The Principal, Dr. Parveena John Singh stated that the policy envisions a complete overhaul and re-energizing of the education system to deliver high quality education with equity and inclusion. The workshop was very enlightening and interactive and was thoroughly enjoyed by all.

# Capacity Building Programme on Experiential Learning

## 25th May, 2023



Under the aegis of Founders and Directors Dr. Earnest Charles J Samuel Sir and Dr. Annie Charles Samuel Ma'am and the Principal of Mount Carmel School, Chandigarh; Dr. Parveena John Singh; coordinating Principal of Mount Carmel Schools, Mohali and Zirakpur a Capacity Building Programme on Experiential Learning was organized. Such programmes help to inculcate new competencies and skills and gives employees a practical approach. Faculty members of all three branches attended the programme. Dr. Gurmeet Kaur Gill was the resource person of the day. The session began by invoking the blessings of Lord Almighty through Scripture Reading and Special Prayer. The convener of the programme was felicitated and welcomed by Dr. Parveena John Singh, Principal of Mount Carmel school, Chandigarh. Dr. Gurmeet Kaur enlightened all educators about Experiential Learning and its role in the holistic development of learners. She involved all teachers in different activities thereby putting them in learners shoes and giving them real experiences of a learner. The program ended with a Vote of thanks and singing of National Anthem.

# Capacity Building Programme on Experiential Learning

## 26th May, 2023



“Education is the most powerful weapon which you can use to change the world.” – Nelson Mandela

In collaboration with the Goel Publication, Mount Carmel School, Chandigarh organised a Capacity Building Programme on the topic 'More about NEP-2020' under the aegis of the Founders and Directors Dr. Earnest Charles J. Samuel and Dr. Annie Charles Samuel. The workshop was organised for all the three branches of Mount Carmel School (Chandigarh, Mohali and Zirakpur) to enable the teachers more about the NEP 2020. The main objective of the session was to create awareness about the National Education Policy-2020 amongst teachers and to make them understand the needs of different types of learning, curriculum changes, the new pedagogical and academic structure that includes four stages of 5+3+3+4 years and its implementation for the holistic development of the students.

The resource person, Ms. Tarana Chakerwari explained that the National Educational Policy-2020 seeks to introduce and implement a sea of changes across all levels of education in India. Further, she apprised the educators that the National Education Policy -2020 is based on to make education universally accessible from primary to secondary level by the year 2030. It helps in building a relationship between the learner and society at large. Every child is special and has the right to get basic education, for which the government should make better provisions. She also mentioned that the students are also monitored and facilitated with the proper educational environment. All the queries were successfully addressed by the resource person. The Principal, Dr. Parveena John Singh stated that the policy envisions a complete overhaul and re-energizing of the education system to deliver high quality education with equity and inclusion. The workshop was very enlightening and interactive and was thoroughly enjoyed by all.

# FANCY DRESS COMPETITION



# FANCY DRESS COMPETITION



"Every child is a different kind of flower, and together, they make this world a beautiful garden."

The blooming buddies of Mount Carmel School, Chandigarh zealously participated in the Fancy Dress Competition held on 18th May 2023. This event was possible owing to the able guidance of Founders and Directors Dr Earnest Charles J Samuel Sir and Dr Annie Charles Samuel Ma'am, and our worthy Principal Ma'am, Dr Parveena John Singh. Fancy Dress Competition unveils innumerable opportunities for children to thoroughly dive deep into their souls and bring out their talents by portraying different beings and personalities. We witnessed students masquerading as a wide range of objects, people, and social issues. Their performances were indeed a treat for the eyes and uplifting for our souls. All the participants as well as the audience members felt refreshed and energised, leaving everyone with a smile. The programme ended with the Prize Distribution and some words of encouragement by Principal Ma'am, Dr Parveena John Singh. She greatly appreciated the students, teachers, and parents for their continuous efforts, which were manifested in the success of the event.



# MCC FOOTBALL FESTIVAL - 2023



# MEDIA ACCOLADES

## School receives excellence award for best teaching practices

Under the aegis of the founders and directors, Dr Ernest Charles J Samuel and Dr Annie Charles Samuel, Mount Carmel School, Chandigarh was recently felicitated with an award under the 'best teaching practices' category at Chandigarh Schools Excellence Awards-2023 function, which was held at Mahatma Gandhi Centre, Sector 26, Chandigarh.



The award was presented by Banwarilal Purohit, Governor of Punjab, who was also the chief guest at the event. Dharam Pal (IAS), advisor to Chandigarh Administrator, Purva Garg, IAS education secretary Chandigarh, HS Brar, district education officer, Chandigarh and Bindu Arora, district education officer, Chandigarh were the guests of honour present at the event.

Principal Dr Parveena John Singh received this award on behalf of the school with all gratitude to the Almighty and congratulated the entire Mount Carmel team for this recognition. She said that it was the combined efforts of the teachers and students that the school has been honoured with such a prestigious award. She further added that the school will continue to strive for excellence in the field of education always as it has been committed to the very cause serving in the City Beautiful for last 36 years.

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## Mount Carmel School, Chandigarh

As many as 22 students scored 90 per cent and above in the recently announced CBSE results. In commerce, Harsh Nautiyal (Non-Medical) topped the school with 96.6%, followed by V Vinay Karthik (Medical) 96.2%, Dorothy Jindal (Humanities) 93.2% and Parneet 95.4%.



## School organises healthy food awareness workshop

You don't have to eat less, you just have to eat right. Keeping this thought in view and under the able guidance of founders and directors Dr Ernest Charles J Samuel and Dr Annie Charles, a healthy food awareness workshop was conducted for the students of classes IV and V of Mount Carmel School, Chandigarh. The session was organised by a snacks manufacturing brand, Yashika and Aradhika Singh, media manager, led the session. Principal Dr Parveena John Singh felicitated the guests. This workshop concentrated on imposing healthy eating amongst children, by introducing fun and nutritious snacks. They were also taught how to



take good care of their health by eating good food. Furthermore, the children were motivated to have a balanced diet, exercise, keep their surroundings clean, and stay hydrated.

The visiting team introduced a new and healthy variety of snacks, with different flavours, thus making the students even more interested. A short activity was also done with the students, to encourage and motivate them.

Principal Dr Parveena John Singh, while applauding the efforts of the team in inculcating good eating habits among the students, stated that a well-balanced diet provides all the energy one needs to keep oneself active throughout the day.



## Mount Carmel School, Chandigarh

A capacity building programme on 'Defining Learning Outcomes' was organised by Harper Collins at the school. It was attended by all faculty members of Mount Carmel Schools - Chandigarh, Mohali and Zirakpur, along with their respective Principals. The two-hour session on 'Setting Learning Outcomes' motivated teachers to reconsider the designing of their curriculum from a new perspective. Founders and Directors Dr Charles J Samuel and Dr Annie Charles along with Principal Parveena John Singh acknowledged the initiative of Harper Collins and said the professional development can enhance a teacher's ability to manage their classroom and communicate effectively with students, leading to a more positive-learning environment.

### Congratulations

#### 10<sup>th</sup> Class Board Results

## SCHOOL TOPPERS

 <b>SAKSHI AGGARWAL</b> 96.8% <small>Mount Carmel School, Chandigarh</small>	 <b>NIHI VIKRAM SINGH</b> 97% <small>Mount Carmel School, Sector 26, Chandigarh</small>	 <b>SUKAM RANA</b> 97% <small>Mount Carmel School, Sector 26, Chandigarh</small>
 <b>PRANJIT KAUR</b> 93% <small>Mount Carmel School, Chandigarh</small>	 <b>ALAM GARG</b> 96.2% <small>Mount Carmel School, Chandigarh</small>	

RESTING TO FLEETING  
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## Mount Carmel School, Chandigarh

The school observed World Heritage Day on the theme 'Heritage changes'. A demonstration was shown to classes VI to X on the topic 'Preservation and protection of Heritage buildings'. The 460 in an attempt to help centras with extracting our children and youth about the importance of national work and using pride in the shared cultural heritage.

## HONOUR ROLL: APRIL

I love writing short stories and I draw inspiration from Padma Bhushan awardee Sudha Murthy, a well-known children's author. I want to share my thoughts with the world through my writings and learn more by reading.  
Dipak Sahoo, class III, Mount Carmel School, Chd



# MEDIA ACCOLADES

## SCHOOL REPORTS



Principal of Mount Carmel school felicitating the resource person. HT PHOTO

### Capacity building workshop held at Mount Carmel School

**CHANDIGARH :** A capacity building programme on "Introduction to NEP-2020" was organised at Mount Carmel School, Chandigarh, in collaboration with the Oxford University Press. The workshop was organised for all the three branches of the school (Chandigarh, Mohali and Zirakpur) to enable the teachers to learn about the policy.

The main objective of the session was to create awareness about the National Education Policy-2020 among the teachers and to familiar-

ise them with the skills to help them understand its nuances, curriculum changes and the shift in pedagogical skills. The teachers also learned about the implementation for the holistic development of the students. The resource person, Deepthi Gupta, said that the policy seeks to introduce and implement a sea of changes across all levels of education in India. Further, she told the educators that it is based on the pillars of access, equity, equality, affordability and accountability.



### Mount Carmel School, Chandigarh

Under the aegis of the Founders and Directors, Dr Earnest Charles J Samuel and Dr Annie Charles Samuel, an investiture ceremony was organised with a motto to invest students with a sense of responsibility and duty. The ceremony commenced with enunciation of an auspicious verse from the holy Bible followed by the welcome speech. The school cabinet was felicitated with pinning of badges and presentation of sash by honourable founders and directors of the school. Principal Dr Parveena John Singh passed on the lighted lamp to Head Girl Aashirya Bansal. The school flag was passed to the Head Boy Jonathan James Lazarus. The Investiture ceremony signifies the reliance and confidence that the school consigns in the newly invested office-bearers. All the cabinet members pledged to bestow their duties with utmost sincerity and efficiency. The founders and directors addressed the audience and urged the students to realise the importance of opportunities that come in their way and acquire skills that will make them worthy citizens. Principal Dr Parveena John Singh appreciated and congratulated the cabinet members and advised them to be role models. The National Anthem marked the culmination of the induction ceremony.



### Mount Carmel School, Chandigarh

Students of the school were taken to a movie in association with The Tribune. The students watched the New Marvel 3D movie 'Guardians of Galaxy' at Centra Mall, Chandigarh. The students loved watching the movie on the big screen with their classmates and teachers. They enjoyed the film. It was a refreshing break from their school routine. The Principal, Dr. Parveena John Singh, said such activities helped in the all-round development of the children.



### Earth day celebrated at Mount Carmel

### MOUNT CARMEL SCHOOL, CHANDIGARH

Students of Mount Carmel School, Chandigarh, were taken for a movie in association with The Tribune. Students watched the new Marvel 3D movie, 'Guardians of Galaxy', with exuberance at Centra Mall, Chandigarh. The students thoroughly enjoyed the film. Principal Dr Parveena John Singh was pleased and added that such activities help in the students' holistic development and provide them a break from their daily schedule.

### Students enjoy movie shows with classmates & teachers

**M**ovies give students educational experience and provide alternative educational opportunities. It develops children's cognitive skills like forming long-lasting memories, developing logic and reasoning. So, keeping this in mind and under the able guidance of directors Dr Charles J Samuel, Dr Annie Charles and principal Dr Parveena John Singh, Mount Carmel School, Chandigarh, organised a fun trip to the cinema for students of classes III to VII, in association with the Times NIE. The tiny tots were brimming with



excitement to watch the much-anticipated movies, "Super Mario" and "Shazam". The children went to Bestech Square, Mohali for their cinematic experience. As the lights dimmed, the children settled into their seats and were com-

pletely engrossed. They cheered for their favourite characters and were on the edge of their seats during the action scenes. All in all, it was a great trip which helped the children to strengthen their bonds and create lasting memories.

### Mount Carmel School, Chandigarh

The Eco and Environment Club, Quadrat, conducted a series of activities to celebrate World Earth Day. The activities aimed at promoting environmental awareness and encouraging students to take action to protect the environment. The club organised a tree plantation drive. Students from various classes planted several trees on the school premises. The tree plantation drive not only helped to increase the green cover of the school but also raise awareness about the importance of trees in mitigating climate change and their role in preserving the environment. The activities conducted by Quadrat to celebrate World Earth Day were impactful in raising awareness and promoting environmental consciousness among students.