





MOUNT CARMEL SCHOOL, CHANDIGARH

NOTICE

Date: 20-05-2023

Dear Parents/Guardian (Classes VIII to XII),

Reg.: Campaign for creating awareness about Mission LIFE (Life Style for Environment)

'Lifestyle for the Environment (LiFE) was introduced by Hon'ble Prime Minister Narendra Modi at COP26 in Glasgow on 1st November 2021, calling upon the global community of individuals and institutions to drive LiFE as an international mass movement towards "mindful and deliberate utilization, instead of mindless and destructive consumption" to protect and preserve the environment. LiFE puts individual and collective duty on everyone to live a life that is in tune with Earth and does not harm it. Those who practice such a lifestyle are recognized as Pro Planet People under LiFE.

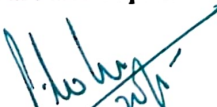
Changing our lifestyle, however, is not easy. Our habits are deeply ingrained in our daily lives and are continually reinforced through several elements of our environment. Translating our intention to do good for the environment is not always easy to translate into action. However, it is not impossible. By taking one action at a time and making one change daily, we can change our lifestyle and inculcate long-term environment-friendly habits. Studies suggest that practising an action for a minimum of 21 days helps make it a habit.

In that context, the LiFE 21-Day Challenge is launched to enable Indians to take one simple environment-friendly action per day for 21 days and eventually develop an environment-friendly lifestyle. It is a challenge to change one small thing in your life daily and become Pro Planet People.

We request you to kindly encourage your wards to participate in a series of pro-climate actions related to the 7 themes viz. Save Energy, Save Water, Say No to Single Use Plastic, Adopt Sustainable Food Systems, Reduce Waste, Adopt Healthy Life Styles, Reduce E-Waste, through the links mentioned below:

Description	Modality
Enrolment of children for Digital campaign through U-Report	<p>Choose any one platform to enroll:</p> <p>a) Instagram Direct Message</p> <ol style="list-style-type: none">1. Search for @ureportindia on Instagram, tap on the "MESSAGE" button on the profile and send LIFE in the chat to start the conversation.2. Open the link: https://www.instagram.com/ureportindia/ on your phone and then tap on the "MESSAGE" button on the profile and send LIFE in the chat to start the conversation. <p>b) WhatsApp:</p> <ol style="list-style-type: none">1. Save Whatsapp Number 9650414141 on your phone as U-Report India and send LIFE in the chat to start the conversation. (OR)2. Open the link: https://wa.link/lihc8k on your phone and then tap on the send button. <p>c) Facebook Messenger</p> <ol style="list-style-type: none">1. Search for @ureport.india on Facebook Messenger and send LIFE in the chat to start the conversation. (OR)2. Open the link: https://m.me/ureportindia/?ref=life on your phone to start the conversation.

You are also requested to take the Mission LiFE pledge at <http://merilife.org>


Dr. Parveena John Singh
Principal